

DEPARTMENT OF EDUCATION

Periyar Nagar, Vallam Thanjavur - 613 403, Tamil Nadu, India
Phone: +91 - 4362 -264642, Fax: + 91 - 4362 - 264660



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
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A REPORT ON WORLD MENTAL HEALTH DAY

The Department of Education organized the World Mental Health Day at Michio Kaku Hall on 10.10.2024. Dr. L.R. Premkumar Lecturer-cum Junior Research Officer, Central Institute of Indian Languages (Ministry of Education), Department of Higher Education, Mysuru gave a special lecture on “Mental Health”. In his lecture he highlighted the importance of mental health. Mental health cannot be ignored. In fact, adequate care must be taken to maintain mental health i.e on par with physical health, he added. At the outset ProfDr. G. Thamilvanan, HOD/Education welcomed the gathering and Dr. V.T.Subramanian, Associate Professor proposed the vote of thanks Dr. P. Vijayalakshmi Dean / FSH, Prof. Dr. Manikandan, Department of Languages, PMIST and Prof. Rangan, Former Registrar of Tamil University also graced the occasion.

Title of the programme	: Observation of ‘World Mental Health Day’
Organized by	: Department of Education
Date & Time	: 10.10.2024 & 09.30AM
Venue	: Michio kaku Hall, Department of Education

Objective of the programme:

Observation of ‘World Mental Health Day’ aim set creative an awareness on Mental Health, up keeping of mental health giving more priority to it much more than physical health ultimately enhancing the students to be free from anxiety and stress free both in the class room and outside atmosphere and helping the students learn effectively.

Resource Person : **Dr. L.R. Premkumar,**
Lecturer-cum Junior Research Officer,
Central Institute of Indian Languages (Ministry of Education),
Bangaluru.

No. of Beneficiaries; 53 students of Department of Education of PMIST

Report of the programme

The Department of Education organized the World Mental Health Day at Michio Kaku Hall on 10.10.2024. Dr. L.R. Premkumar Lecturer-cum Junior Research Officer, Central Institute of Indian Languages (Ministry of Education), Department of Higher Education, Mysuru gave a special lecture on “Mental Health”. In his lecture he highlighted the importance of mental health. Mental health cannot be ignored. In fact, adequate care must be taken to maintain mental health i.e on par with physical health, he added. At the outset ProfDr. G. Thamilvanan, HOD/Education welcomed the gathering and Dr. V.T.Subramanian, Associate Professor proposed the vote of thanks Dr. P. Vijayalakshmi Dean / FSH, Prof. Dr. Manikandan, Department of Languages, PMIST and Prof. Rangan, Former Registrar of Tamil University also graced the occasion.

In this session the students of B.Sc.B.Ed & B.Ed participated and learnt that mental health is also equally important and it should also be maintained well.



(Dr.G.Thamilvanan, Associate Professor / Head, Addressing the gathering)



(Resource Person Dr. L.R. Premkumar, Lecturer-cum Junior Research Officer,
Central Institute of Indian languages (Ministry of Education), Department of Higher
Education, Mysuru lecturing on Mental Health)



(Dr. V.T Subramanian, Associate Professor proposing Vote of thanks)

**Periyar Maniammai Institute of Science and Technology
(Deemed to be University)
Department of Education
Is pleased to organize
WORLD MENTAL HEALTH DAY**

Programme Schedule

Date: 10.10.2024 Time: 09.30 am Venue: Michio Kaku Hall

Mozhi Vazhthu

Welcome Address &
About the Programme : Dr.G.Thamilvanan
Associate Professor &
Head / Department of Education

Felicitation Address : Dr.P.Vijayalakshmi
Dean FSH
PMIST
Vallam, Thanjavur.

Guest of Honour : Dr.L.R.Prem Kumar,
Lecturer-cum-Junior Research Officer,
Central Institute of Indian Languages, (Ministry of
Education, Department of Higher Education)
Mysuru -570 006.

Vote of Thanks : Dr. V.T.Subramanian
Associate professor
Department of Education

National Anthem



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A Special Lecture On World Mental Health Day



Dr. L. R. PREM KUMAR

Lecturer-cum-Junior Research Officer,
Central Institute of Indian Languages,
(Ministry of Education,
Department of Higher Education)
Mysuru – 570 006.

Date: 10/09/2024

Venue: Department of Education

Time: 9.30 AM

Dr. V.T. Subramanian
Associate Professor
Department of Education

ORGANIZED BY:
DEPARTMENT OF EDUCATION
FACULTY OF SCIENCE AND HUMANITIES
PMIST (DEEMED TO BE UNIVERSITY)
THANJAVUR -613403

DEPARTMENT OF EDUCATION
Periyar Nagar, Vallam Thanjavur - 613 403, Tamil Nadu, India
Phone: +91 - 4362 -264642, Fax: + 91 - 4362 - 264660
Email: pmu@pmu.edu Website: www. pmu.edu



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WORLD MENTNL HEALTH DAY
DEPARTMENT OF EDUCATION

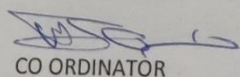
Venue : Seminar hall

Attendance

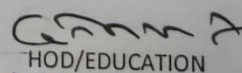
Time:09.30AM

Date :10.10.2024

SL.NO	REG:NO	NAME	SIGNATURE
1.	124011159191	YUVASRI V	Uvasri
2.	124011159180	AKILA V	Akila
3.	124011159190	SOWMITHA J	Sowmitha
4.	124011159184	GLORY VICTORY .S	Glory Victory
5.	124011159186	MENAKA .D	Menaka
6.	124011159183	DHIVYA LAKSHMI.M	Dhivya Lakshmi
7.	1592024015	EVANJALIN K	K. Evanjaline
8.	123012159175	JEYAKAMATCHI A	A. Jayakamathi
9.	123012159176	LOGESH S	P. Logesh
10.	123011159177	RASIKA R	R. Rasika
11.	123012159178	SUJITH LOURDES IGNATIUS J	Sujith
12.	123011159179	MATHESWARI S	Mathi
13.	122012159163	ABHIJIT HALDAR	Abhis
14.	122012159164	DEEPAKKUMAR R	R. Deepa
15.	122011159165	FATHIMA FARVEEN M	F. Farveena
16.	122011159166	ISHWARYA M	Ishwarya
17.	122012159168	MOHAMED HASIM A	M. Hasim


CO ORDINATOR

(Dr. V. S. SUBRAMANIAN)

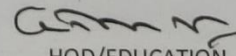

HOD/EDUCATION

Head, Department of Education,
Periyar Maniammai Institute of Science & Technology,
Vallam, Thanjavur - 613 403.

18.	122012159169	PRADHEEP SAKTHI V	V. Pradheep
19.	122011159171	SUBATHRA B	S. Subathra
20.	122012159172	VELMURUGAN S	S. Velmurugan
21.	122012159173	YUVARAJAN V	V. Yuvarajan
22.	122011159174	KALAIMATHI T	K. Kalaimathi
23.	121011159152	AISWARYA S	S. Aiswarya
24.	121011159153	ARIFA BEGAM A	A. Arifa
25.	121011159154	DIVYA G	G. Divya
26.	121011159155	KEERTHANA S	S. Keerthana
27.	121011159156	MONISHA S	S. Monisha
28.	121012159158	RAJ BHARATH A	A. Raj Bharath
29.	121011159159	SIVAGAMI B	B. Sivagami
30.	121012159160	THAMIZHVANAN M	M. Thamizhvanan
31.	121011159161	THANGASAKTHI A	A. Thangasakthi
32.	9312024027	RASHMIKA.R	R. Rashmika
33.	9312024026	RASIL TOUFIKA S S	S. Rasil Toufika
34.	124011931673	EMELDA A	A. Emelda
35.	124011931674	GANGA DEVI K	K. Ganga Devi
36.	124011931677	JOTHITTA S	S. Jothitta
37.	124011931679	NANDHINI L	L. Nandhini
38.	124011931681	PRIYA RAJ R	R. Priya
39.	124011931683	PRIYADARSHINI M	M. Priyadarshini
40.	124011931685	SAMEEHA S	S. Sameeha
41.	123011931589	BHAVADHARANI M	M. Bhavadharani
42.	123011931596	PRASANNA LAKSHMI R	R. Prasanna
43.	123011931591	GOWSHIHAA R S	S. Gowshihaa
44.	123012931634	GUNAL ARASAN C	C. Gunal

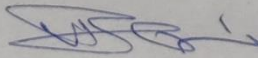

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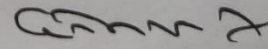
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Vallam, Thanjavur - 613 403.

45.	123011931614	MAHARANI S	B. maha
46.	123011931618	NOORUL ASHIFA N	A.T.
47.	123011931597	PRIYADHARSHINI A	A. Prade.
48.	123011931598	RAGAVI K	K. Raga.
49.	123011931600	RIYASEN S	R. Raga.
50.	123011931603	SUHASHINI M	M. Subhini
51.	123011931604	VIDHYA V	V. Vidhya.
52.	123011085016	VAISHNAVI M	M. Vaishnavi
53.	123012931595	MANOJ M	M. Manoj



CO ORDINATOR

(Dr. V. P. Subramanian)



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