



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 • NAAC Accredited
think • innovate • transform



2022 - 23



**PROGRAMMES CONDUCTED
FOR THE PROMOTION OF GENDER
COUNSELLING**

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www.pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| Sl.No | TOPICS & SECTIONS | DATES | BOYS | GIRLS | TOTAL |
|-------|--|------------|------|-------|-------|
| 01 | Thinking Out of Box, I B. Tech, Aero, Civil, EEE, Mech. | 04.07.2022 | 19 | 13 | 32 |
| 02 | World Mental Health Day Program, B. Sc. Ed Students, | 10.10.2022 | 46 | 71 | 117 |
| 03 | My Life! My Future, II B. Com., CA & CS | 13.10.2022 | --- | --- | 102 |
| 04 | My Dream, I. B. Tech, E.C. E | 18.10.2022 | 25 | 10 | 35 |
| 05 | Learning from life experiences, I B. Tech E.C. E | 01.11.2022 | 40 | 17 | 57 |
| 06 | Gender Mainstreaming, B. Com CS | 04.11.2022 | -- | -- | 93 |
| 07 | Combating Gender Stereotypes I B. Com | 15.11.2022 | -- | --- | 87 |
| 08 | Creating my Reality, I B.B.A., A & B Sections | 01.12.2022 | 45 | 05 | 50 |
| 09 | Gender Sensitization, ICC, PG students of FHSM | 07.12.2022 | --- | --- | 48 |
| 10 | Internet Safety, I & II ECE Girl Students. | 08.02.2023 | --- | 37 | 37 |
| 11 | Gender Championship | 14.03.2023 | 41 | 19 | 60 |
| 12 | Soft Skills, I MCA A & B | 20.03.2023 | | | 85 |
| 13 | My Future! My B. Com! | 29.03.2023 | 50 | 02 | 52 |

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of USC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|--------------------|------------------------------------|
| Program- 01 | |
| Date | 04.07.2022 |
| Dept | Engg, |
| Students: | I B. Tech, Aero, Civil, EEE, Mech. |
| Speaker | D. Antony Lilypushpam, Counsellor |
| Topic | Thinking out of box |



(Counselor speaking on the topic ‘Thinking out of box’)

It was explained to them that the meaning of this topic is to explore ideas that are creative and unusual and that are not limited or controlled by rules or tradition. Outside-the-box thinking is an ideation form where designers freely discard common problem-solving methods to find the true nature of users' problems, falsify old assumptions and to be innovative. Out-of-the-box thinking means reframing problems with a wider grasp of the design space. The history of Alexander the Great breaking the Gordian knot was narrated.

04-07-2022

18

Department: Aero

Batch/Section: 2021-2025/A

No of Students: 22

| S.No | Register Number | Name | |
|------|-----------------|------------------------|---|
| 1. | 121011016248 | ABINAYA R | / |
| 2. | 121012016249 | ADRIAN FERDINAND A C | / |
| 3. | 121012016250 | ATHIS MITHUN E | / |
| 4. | 121012016251 | DEEKSHAD K | / |
| 5. | 121011016252 | DEEPA K | / |
| 6. | 121012016253 | DHANUSH S | / |
| 7. | 121011016254 | DHIVYA SRI E | / |
| 8. | 121012016255 | HARIRAJAN A | a |
| 9. | 121011016256 | LAYOLA BOBBY WILLIAM M | / |
| 10. | 121012016257 | MOHAMMED FAHIM F | / |
| 11. | 121011016258 | MONIKAA M | / |
| 12. | 121012016259 | PIRANAVAN R | / |
| 13. | 121011016260 | PRAVEENA V G | / |
| 14. | 121011016261 | PRIYANKA S | / |
| 15. | 121012016262 | SAKTHIVEL S | / |
| 16. | 121012016263 | SANTHOSH K | / |
| 17. | 121011016264 | SARANYAA S | / |
| 18. | 121012016265 | SARATHY P | / |
| 19. | 121011016266 | SHALINI K | / |
| 20. | 121011016267 | SNEHA RAMESH | / |
| 21. | 121011016268 | VIJAYA HEMALA P | / |
| 22. | 121011016269 | YUVASHREE P | / |

RP

Department: Civil

Batch/Section: 2021-2025/A

No of Students: 20

| S.No | Register Number | Name | |
|------|-----------------|-------------------|---|
| 1. | 1210120111145 | AMUDHAN K | / |
| 2. | 1210120111146 | ARAVIND S | a |
| 3. | 1210120111147 | ATHISH T | / |
| 4. | 1210120111148 | BHAVIDRAN S | / |
| 5. | 1210120111149 | KABILESH R | / |
| 6. | 1210120111150 | MOHAMED JAFIR A | / |
| 7. | 1210120111152 | RAGUL K | / |
| 8. | 1210120111153 | RAM BHUAAL YADAV | / |
| 9. | 1210120111154 | SUNDAR M | / |
| 10. | 1210120111155 | VIGNESH ADITHYA V | / |
| 11. | 1210120111156 | VISHNU A | a |
| 12. | 1210110111157 | MANITHAM A E | / |
| 13. | 1210120111158 | SANJAY KUMAR S K | a |

9-1

Department: EEE

Batch/Section: 2021-2025/A

No of Students: 8

| S.No | Register Number | Name | |
|------|-----------------|--------------------|-----|
| 1. | 121012014468 | KARTHIK A | a |
| 2. | 121012014469 | KATHIRAVAN R | a |
| 3. | 121012014470 | MOHAMED MUSHARAF T | a |
| 4. | 121012014471 | MOHAMED RAZITH M | a |
| 5. | 121012014472 | NITHISH T | a |
| 6. | 121012014473 | SAKTHEESWARAN K | a |
| 7. | 121012014474 | SARANKUMAR S | a |
| 8. | 121012014475 | VINOTH KRISHNA S | ✓ a |

2-1

Department: Mech

Batch/Section: 2021-2025/A

No of Students: 09

| S.No | Register Number | Name | |
|------|-----------------|----------------|---|
| 1. | 1210120151447 | KRISHNARAJ S | a |
| 2. | 1210120151448 | PRAVEEN R | a |
| 3. | 1210120151449 | RATHISHKUMAR T | a |
| 4. | 1210120151450 | SARAN B | a |
| 5. | 1210120151451 | SETHU R | a |
| 6. | 1210120151452 | VIGNESH K | a |
| 7. | 1210120151453 | VIMAL V | a |
| 8. | 1210120151454 | DINESHKUMAR P | a |
| 9. | 1210120151455 | THENILAVANT | a |

D. A. Lilypushpam

Ms. D. Antony Lilypushpam
Counsellor - PMIST

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

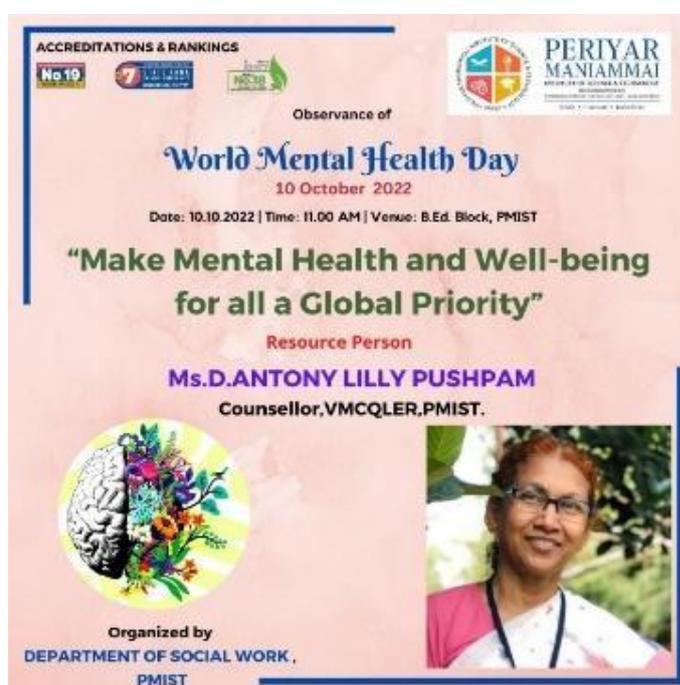
Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|--|
| Program - 02 | |
| Date | 10.10.2022 |
| Organized by | Department of Social Work. |
| Participants | B. Sc. Ed. Students. |
| Program Organizer | Department of Social Work. |
| Speaker | D. Antony Lilypushpam, Counsellor |
| Topic | Mental Health & Well-being for all - Global Priority |



(Counselor speaking on the topic 'Mental Health & Well-being for all - Global Priority')

Counselor spoke on the topic 'Mental Health & Well-being for all - Global Priority. 'Mental health is a state of mental well-being that enables people to cope with the stresses of life, realize

their abilities, learn well and work well, and contribute to their community. World Mental Health Day is about raising awareness of mental health and driving positive change for everyone's mental health. World Mental Health Day 2023 is given importance to recognize mental health issues as real problems and to talk about mental health is equally important without any hesitation.

ACCREDITATIONS & RANKINGS
 No.19
 7
 PERIYAR MANIAMMAI
 POLYVALENT COLLEGE & UNIVERSITY

Observance of
World Mental Health Day
 10 October 2022
 Date: 10.10.2022 | Time: 11.00 AM | Venue: B.Ed. Block, PMIST

**"Make Mental Health and Well-being
 for all a Global Priority"**

| S.No | Name | Department | Signature |
|------|--------------------|------------------|--------------------|
| 01 | S. Swetha | MSW - I year | <i>[Signature]</i> |
| 02 | M. Ashwatharini | MSW - I year | <i>[Signature]</i> |
| 03 | P. Deboral | MSW - I year | <i>[Signature]</i> |
| 04 | Lidija Deva Kumari | MSW - I year | <i>[Signature]</i> |
| 05 | S. Kalairani | MSW - I Year | <i>[Signature]</i> |
| 06 | U. Ramya | MSW - I year | <i>[Signature]</i> |
| 07 | R. JIVASANKAR | MSW - II YEAR | <i>[Signature]</i> |
| 08 | G. Divya | BSC.B.ed II year | <i>[Signature]</i> |
| 09 | S. Anwaraj | BSC.B.ed II year | <i>[Signature]</i> |
| 10 | VETCI. K.K | MSW - I year | <i>[Signature]</i> |

| S.No | Name | Department | Signature |
|------|-----------------|---------------------------------|-----------------|
| 11 | G. Priskurka | I MSW | G. Priskurka |
| 12 | M. Sophia | Social work Research scholar | M. Sophia |
| 13 | Hazel. Z. K. | I - MSW | Hazel. Z. K. |
| 14 | J. ANUSUYA | II - MSW | J. Anusuya |
| 15 | S. Sathya | II - MSW | S. Sathya |
| 16 | K. Dhiya | II - MSW | K. Dhiya |
| 17 | S. Keerthana | II - B.Sc. B. Ed | S. Keerthana |
| 18 | A. Thangasakthi | II - B.Sc. B. Ed | A. Thangasakthi |
| 19 | B. Sivagami | II - B.Sc. B. Ed | B. Sivagami |
| 20 | A. Anifa Begam | II - B.Sc. B. Ed | A. Anifa Begam |
| 21 | Mouisha S | II - B.Sc. B. Ed | Mouisha S |
| 22 | S. Mary Dayana | Research Scholar | S. Mary Dayana |
| 23 | Guganya. V | II MSW | Guganya. V |
| 24 | Sahana. R | I MSW | Sahana. R |
| 25 | M. Jeeva | I MSW | M. Jeeva |

| S.No | Name | Department | Signature |
|------|-----------------------|---------------------------|--------------------|
| 26 | A. Keerthana | B.Sc. B.Ed III - year | A. Keerthana |
| 27 | S. Muthupriyadarshini | B.Sc. B.Ed III - year | S.M. / [Signature] |
| 28 | A. RajBharath. | B.Sc. B.Ed II - year | A. RajBharath. |
| 29 | M. Thamizhvanan | B.Sc. B.Ed II - year | M. [Signature] |
| 30 | K. Janani Sri | B.Sc, B.Ed III - year. | K. J. |
| 31 | M. ELAKKIYA | B.Sc, B.Ed III - year | M. [Signature] |
| 32 | S. Aathikesavan | MSW - II year | S. [Signature] |
| 33 | N. SathyaSalar. | MSW - II year | N. [Signature] |
| 34 | M. Mahatavi | B.Sc, B.Ed III yr | M. Mahatavi |
| 35 | K. Sivapriya | B.Sc, B.Ed III yr | K. Sivapriya |
| 36 | KAVINIKAVU. K | I - MSW | K. [Signature] |
| 37 | Fausleina - S | I. MSW | S. [Signature] |
| 38 | S. Nishnu Bahavach | I. MSW | S. [Signature] |
| 39 | Mageth - V | I st MSW | V. [Signature] |
| | | | |

D. A. Lilypushpam

Ms. D. Antony Lilypushpam
Counsellor - PMIST

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 • NAAC Accredited
think • innovate • transform

| | |
|---------------------|-------------------------------|
| Program - 03 | |
| Date | 13.10.2022 |
| Dept. | Department of Commerce |
| Students: | II B.Com, CA & CS |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | My Life! My Future! |



**Department of Commerce
&
Gender Champions Club**

Jointly Organise a Gender Sensitization Programme on
"My Life My Future"
(for 2nd year B.Com CA and B.Com CS (2021-24 Batch) Students)



Mrs.D.Antony Lilly Pushpam
Counsellor, VMCQLER,
PMIST

Date & Time: 13.10.2022 & 12.00 noon to 1.30 pm Venue: Einstein Hall

DEPARTMENT OF COMMERCE
Periyar Maniammai Institute of Science and Technology
(Deemed to be University)
Periyar Nagar, Vallam, Thanjavur, 613403,
Tamilnadu, India.

CONVENER
Dr.N.Jayanthi, Asso. Prof. & Head
COORDINATORS
Dr.D.Umamaheswari, Professor
Dr.S.Prabhu, Asst. Prof



(Counselor speaking on the topic, 'My Life! My Future!')

The topic was on 'My Life! My Future!'. Einstein said that if you want to be hopeful, set a goal that commands your thoughts, liberates your energy, and inspires your hopes. A goal is like a destination and the plan to achieve that goal is the road map that will get you there, we are all traveling somewhere in this life and in our careers. Without a defined destination and a road map to get us there, we have no way of knowing what that destination looks and if we have arrived at the right spot. People with goals succeed because they know where they are going. The students had a discussion searching for their future.



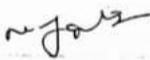
**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
Established in the year 1982
Work • Innovate • Transform

**ATTENDANCE STATEMENT
DEPARTMENT OF COMMERCE
My Life My Future**

Date: 13.10.2022 Time: 12.00pm-1.30am Venue: Einstein Hall
Class: **B.COM (CS)**

| SL. NO | REGISTER NO | NAME OF THE STUDENT | P/A |
|--------|--------------|---------------------|-----|
| 1. | 120012170057 | MOHAMED THOWFI K | |
| 2. | 121012170065 | ABDULLA S | P |
| 3. | 121012170066 | ABINESH R | P |
| 4. | 121012170067 | ADHITHYAN B | P |
| 5. | 121012170068 | AFLAL PARVEEZ A | P |
| 6. | 121012170069 | AJAY EDWARD D | P |
| 7. | 121012170070 | AJITH M | P |
| 8. | 121012170071 | ALFAZITH B | P |
| 9. | 121012170073 | ARSATH AHAMED A | P |
| 10. | 121012170074 | ASHITH AHAMED A | A |
| 11. | 121012170075 | ASHWIN S | A |
| 12. | 121012170076 | BALAJI R N | P |
| 13. | 121011170077 | BEULA DIANA A | A |
| 14. | 121011170078 | DAFNA SHERLY M | P |
| 15. | 121012170079 | DEVASENATHIPATHI V | P |
| 16. | 121012170080 | FAHAD S | P |
| 17. | 121012170081 | FERNANDES J | P |
| 18. | 121011170082 | FOWZUL ENAYA J | P |
| 19. | 121012170084 | GOPIRAJ M E | P |
| 20. | 121012170085 | HABEEB RAHMAN M | A |
| 21. | 121012170086 | HAJA ASLAM M | P |
| 22. | 121011170087 | JANANI P | P |
| 23. | 121012170089 | KESAVAN P | P |
| 24. | 121012170090 | KIRUTHICK ROSHAN S | A |
| 25. | 121012170091 | KOWSHICK S | P |
| 26. | 121012170092 | MELVIN JOSHUA M | P |
| 27. | 121012170093 | MOHAMED ERFAN M | P |

| | | | |
|-----|--------------|----------------------|---|
| 28. | 121012170094 | MOHAMED IRAIYARIVU A | P |
| 29. | 121012170095 | MOHAMED RASHIQ M | P |
| 30. | 121012170096 | MOHAMED RASIK B | A |
| 31. | 121012170097 | MOHAMED RIZA S | P |
| 32. | 121012170098 | MOHAMED SHAHEENS | P |
| 33. | 121012170099 | MOHAMED SUHAIL M | P |
| 34. | 121012170100 | MOHAMED YOONUS S | P |
| 35. | 121012170101 | MOHAMMED THASLEEM A | P |
| 36. | 121011170102 | MATHUMITHA G | P |
| 37. | 121012170103 | NIRMALDEEP A | P |
| 38. | 121011170104 | PRIYADHARSHINI N | P |
| 39. | 121011170105 | RAJALAKSHMI M | A |
| 40. | 121011170107 | SABARI AGNES S | P |
| 41. | 121012170108 | SANJAI S | A |
| 42. | 121012170109 | SHAHUL HAMEED N | P |
| 43. | 121012170110 | SIVAMANI A | P |
| 44. | 121012170111 | SURYA A | A |
| 45. | 121012170112 | THIRUMALAI J | P |
| 46. | 121011170113 | THRISHA S | P |
| 47. | 121012170115 | VEERAMANI M | P |
| 48. | 121012170116 | VIJAYENDRAN S | P |
| 49. | 121012170117 | VIKRAM M | P |
| 50. | 121012170118 | VINODHAN V | P |
| 51. | 121012170119 | BARATH N | P |
| 52. | 121012170120 | JEROL MESSIAH E | P |
| 53. | 121012170121 | PURUSOTHAMAN D | A |
| 54. | 121012170122 | TAMILARASAN T | P |
| 55. | 121012170123 | AATHIKESAVAN S | P |
| 56. | 121011170124 | ABINAYA V | P |
| 57. | 121012170126 | MOHAMED HAMITH N | P |


Dr. N. JAYANTHI M.Com., M.Phil., MBA, PGDCA, Ph.D
 Associate Professor and Head
 Department of Commerce
 Periyar Maniammal Institute of Science
 and Technology (Deemed to be University)
 Vallam, Thanjavur-613403


Dr. S. PRABHU
 Assistant Professor,
 Department of Commerce,
 Periyar Maniammal Institute of Science & Technology,
 (Deemed to be University)
 Vallam, 613 403, Thanjavur (Dt), Tamil Nadu



ATTENDANCE STATEMENT
DEPARTMENT OF COMMERCE

My Life My Future

Date: 13.10.2022

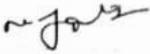
Time: 12.00pm-1.30am

Venue: Einstein Hall

Class: II. B.COM (CA)

| SL. NO | REGISTER NO | NAME OF THE STUDENT | P/A |
|--------|--------------|---------------------|-----|
| 1 | 121012171001 | AAKASH K | P |
| 2 | 121012171002 | ABDUL HAK J | P |
| 3 | 121012171003 | ABDUL MOSIN M | P |
| 4 | 121012171005 | ABINESH T | P |
| 5 | 121012171006 | AHILESHKUMAR A | P |
| 6 | 121012171007 | ANIMESH M | P |
| 7 | 121011171008 | ANUSUYA M | P |
| 8 | 121011171009 | ASHWINI P | P |
| 9 | 121011171010 | ATCHAYA P | P |
| 10 | 121012171011 | BALAJI P | P |
| 11 | 121012171012 | BARATH N | P |
| 12 | 121011171013 | DEVISRI Y | P |
| 13 | 121012171014 | FAWAZ S | A |
| 14 | 121012171015 | FRANKLIN PRABHU A | P |
| 15 | 121011171016 | GOPIKA S | P |
| 16 | 121012171017 | HAJA MYDEEN A | P |
| 17 | 121012171019 | HARIKRISHNAN R | P |
| 18 | 121012171020 | HARI PRASATH RAO M | P |
| 19 | 121012171022 | JOHN BRITTO B | P |
| 20 | 121012171023 | JUBAIR A | P |
| 21 | 121012171025 | KAVIN BABU S | A |
| 22 | 121012171026 | KAVIYARASAN S | P |
| 23 | 121012171027 | KIRANRAJ R | A |
| 24 | 121011171028 | KOKILA PRIYA S | A |
| 25 | 121012171029 | MANOJADITHIYA S | A |
| 26 | 121012171030 | MATHAVAN S | P |
| 27 | 121012171031 | MOHAMED ARSATH M | P |

| | | | |
|----|--------------|----------------------|---|
| 28 | 121012171032 | MOHAMED ASFAR H | P |
| 29 | 121012171033 | MOHAMED ASLAM S | P |
| 30 | 121012171034 | MOHAMED ISHAK | P |
| 31 | 121012171035 | MUTHUKRISHNAN R | P |
| 32 | 121012171036 | NADESHAVASAN R | P |
| 33 | 121012171037 | NOORDEEN B | P |
| 34 | 121012171038 | PARIS AHAMED K | P |
| 35 | 121011171039 | PAVITHRA M | A |
| 36 | 121012171040 | PRAGADEESWARAN S | P |
| 37 | 121011171041 | PREETHI S | P |
| 38 | 121011171042 | PRITHIKA K | P |
| 39 | 121012171043 | RAJU S | P |
| 40 | 121011171044 | SAHANA I | P |
| 41 | 121012171045 | SAKTHI MAHENDRAN R | P |
| 42 | 121011171046 | SAKTHIBALA M | P |
| 43 | 121012171047 | SALMAN S | A |
| 44 | 121012171048 | SANJAI SHARMA N | A |
| 45 | 121012171049 | SANTHOSH S | P |
| 46 | 121012171050 | SHAHUL HAMEED K | P |
| 47 | 121012171051 | SHAIK SAJIT AHAMED M | P |
| 48 | 121012171052 | SHARUQ AHAMED A | P |
| 49 | 121012171054 | SRIHARIESH R | P |
| 50 | 121011171055 | SWETHA M | P |
| 51 | 121012171056 | TAMIZHAMUTHAN T | P |
| 52 | 121012171057 | THIRUKUMARAVEL S | P |
| 53 | 121012171059 | VISHNUVARATHAN P | P |
| 54 | 121012171060 | SAKTHIVEL G | P |
| 55 | 121011171061 | GAYATHRI K P | P |
| 56 | 121011171062 | RITHUYOGASRIEE M | P |
| 57 | 1772022001 | JAYASHEEBA.A | P |
| 58 | 122012177002 | THIRUNEELAKANDAN | P |


Dr. N. JAYANTHI M Com., M.Phil., MBA, PDDCA, Ph.D.
 Associate Professor and Head
 Department of Commerce
 Periyar Maniammai Institute of Science
 and Technology (Deemed to be University)
 Vellore, Thanjavur-613403


Dr. S. PRABHU
 Assistant Professor,
 Department of Commerce,
 Periyar Maniammai Institute of Science & Technology
 (Deemed to be University)
 Vellore-613 403, Thanjavur (Dt), Tamil Nadu

+++++

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|-------------------------------|
| Program - 04 | |
| Date | 18.10.2022 |
| Dept | Department of E. C. E. |
| Students: | I B. Tech, E. C. E. |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | My Dream |



(Counselor speaking on the topic 'My Dream')

The topic taken was on 'My Dream'. Everyone has some ambition or the other. we get fascinated by several things every now and then and aspire to achieve them when we grow old. Some dreams and aspirations remain intact even as we grow and we work hard to achieve them. It is very important to have a dream/goal in life as it is only when you aspire to achieve something you get motivated to work hard to bring it in your life. Dreams are a prerequisite to success.

No of Students: 60

2024-01

| S. No | Register Number | Name | |
|-------|-----------------|----------------------|----|
| 1 | 122011011063 | AARTHI R | ob |
| 2 | 1220120131029 | KANATHI MEENAMBEET M | a |
| 3 | 122011011064 | ABHINAV K | / |
| 4 | 1220120151025 | ABDUL BASITH A S | / |
| 5 | 1220120171055 | ABDUL KASIMAM I | / |
| 6 | 122011011067 | ABINAYA G | / |
| 7 | 122012011065 | AJAY KUMAR B | / |
| 8 | 122011011069 | ADARSHANA E | / |
| 9 | 1220110131079 | ADITHYANA M | ob |
| 10 | 122012011071 | ADITHYAN KUMAR K | a |
| 11 | 1220120131052 | ADITHYAN SRIHARAN C | / |
| 12 | 1220110131073 | ADITHYAN S | / |
| 13 | 1220120131075 | ADITHYAN S | / |
| 14 | 1220120131077 | ADITHYAN S | a |
| 15 | 1220120131076 | ADITHYAN S | / |
| 16 | 1220120131078 | ADITHYAN S | ob |
| 17 | 1220120131074 | ADITHYAN S | a |
| 18 | 122011011072 | ADITHYAN S | / |
| 19 | 1220120131081 | ADITHYAN S | ob |
| 20 | 1220120131083 | ADITHYAN S | / |
| 21 | 1220120131085 | ADITHYAN S | / |
| 22 | 1220120131087 | ADITHYAN S | / |
| 23 | 1220120131089 | ADITHYAN S | ob |
| 24 | 1220120131091 | ADITHYAN S | ob |
| 25 | 1220120131093 | ADITHYAN S | / |
| 26 | 1220120131095 | ADITHYAN S | ob |
| 27 | 1220120131097 | ADITHYAN S | ob |
| 28 | 1220120131099 | ADITHYAN S | / |
| 29 | 1220120131101 | ADITHYAN S | ob |
| 30 | 1220120131103 | ADITHYAN S | ob |
| 31 | 1220120131105 | ADITHYAN S | / |
| 32 | 1220120131107 | ADITHYAN S | ob |
| 33 | 1220120131109 | ADITHYAN S | / |
| 34 | 1220120131111 | ADITHYAN S | ob |
| 35 | 1220120131113 | ADITHYAN S | ob |
| 36 | 1220120131115 | ADITHYAN S | a |
| 37 | 1220120131117 | ADITHYAN S | / |
| 38 | 1220120131119 | ADITHYAN S | / |
| 39 | 1220120131121 | ADITHYAN S | ob |
| 40 | 1220120131123 | ADITHYAN S | / |

u

10/11/21

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www.pmu.edu.



| | |
|--------------------|--------------------------------|
| Program - 5 | |
| Date | 01.11.2022 |
| Dept | E.C.E |
| Students: | I B. Tech |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Learning from life experiences |



(Counselor speaking on the topic ‘Learning from life experiences’)

The topic taken was on ‘Learning from life experiences. Learning through life experiences itself is the best way to learn. Only through the experiences, accepting errors and failures, we can draw our own conclusions to move forward. Learning, then, is to strengthen ourselves after failures, get up after falling and recover even when wrong makes us hurt. Thus, the best way to achieve this is by living different and multiple own experiences, without fear of the result, with a view to growing, move forward.

“Life is learning, when you stop learning, you die” -Clancy-

No of Students: 60

Page 8 of 17

| Sl. No. | Registration Number | Name |
|---------|---------------------|-----------------------------|
| 1 | 1220120110062 | AARTHEE |
| 2 | 1220120110063 | AASHEE MOHAMMED FM |
| 3 | 1220110110064 | ABARNA R |
| 4 | 1220120110065 | ABHIR BAAITHA D |
| 5 | 1220120110066 | ABDUL RAHMAN J |
| 6 | 1220110110067 | ABINAYA D |
| 7 | 1220120110068 | AJAY KUMAR B |
| 8 | 1220110110069 | ABADHANAR |
| 9 | 1220110110070 | ARCHANA M |
| 10 | 1220120110071 | ARUN KUMAR B |
| 11 | 1220120110072 | ASHOB KJITHYIPY C |
| 12 | 1220110110073 | ASMA S |
| 13 | 1220120110074 | ASANISH D |
| 14 | 1220120110075 | BAHATHI V |
| 15 | 1220120110076 | DENISH KARTHIK D |
| 16 | 1220120110077 | ENOMI S |
| 17 | 1220120110078 | ESHWARAN S |
| 18 | 1220110110079 | FAHISHA SURESH S |
| 19 | 1220120110080 | GOKULAKRISHN V |
| 20 | 1220110110081 | GRACY V |
| 21 | 1220120110082 | GUNASEELAN S |
| 22 | 1220120110083 | HARISHARAN B |
| 23 | 1220110110084 | HANITHA K |
| 24 | 1220120110085 | HEMANTH HARE V |
| 25 | 1220120110086 | INILAN S |
| 26 | 1220120110087 | JESSA MELLENAAA |
| 27 | 1220120110088 | J. SRI HANSHUCT FERNANDES S |
| 28 | 1220120110089 | KALAKRISHN S |
| 29 | 1220110110090 | KANISHOJIE |
| 30 | 1220110110091 | KANMANI S |
| 31 | 1220110110092 | KANYA P G |
| 32 | 1220120110093 | KIRISH M |
| 33 | 1220110110094 | MAHARAKITHY |
| 34 | 1220120110095 | NEELAMITHYKORU S |
| 35 | 1220120110096 | NEELAMITHYKATTIR I |
| 36 | 1220120110097 | MOHAMMED NAJIB K S |
| 37 | 1220120110098 | MOHAMMED NUSARUKHAN S |
| 38 | 1220110110099 | SHRINATHINI S |
| 39 | 1220110110100 | PAKASH S |
| 40 | 1220120110101 | PRABHAKARAN V |

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|--|
| Program - 06 | |
| Date | 04.11.2022 |
| Dept | Commerce |
| Students: | I B. Com |
| Organized by | Dept. of commerce & Gender Champion Club |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Gender Mainstreaming |

PERIYAR MANIAMMAI INSTITUTE OF SCIENCE & TECHNOLOGY

DEPARTMENT OF COMMERCE
&
Gender Champions Club
Jointly Organise a Gender Sensitization
Programme on
"Gender Mainstreaming"

Mrs.D.Antony Lilly Pushpam
Counsellor, VMCQLER
PMIST
04.11.2022
Time : 11.15 a.m to 1.40 p.m Venue : Einstein Hall

Periyar Maniammai Institute of Science and Technology (Deemed to be University) Periyar Nagar, Vallam, Thanjavur 613403 Tamil Nadu, India

For more details, visit www.pmu.edu headce@pmu.edu

CONVENER
Dr.N.Jayanthi, Asso.Prof. & Head
COORDINATOR
Ms.R.Durga Asst.Prof



(Counselor speaking on the topic, 'Gender Mainstreaming')

Gender mainstreaming is a strategy to improve the quality of public policies, programs and projects, ensuring a more efficient allocation of resources. Better results mean increased well-being for both women and men, and the creation of a more socially just and sustainable society. The following points were highlighted: 1. Combating gender stereotypes and sexism. 2. Preventing and combating violence against women. 3. Guaranteeing equal access of women to justice. 4. Migrant and refugee women and girls. 5. Gender issues in inequality, infanticide, discrimination and harassment

Department of Commerce
Gender Champions Club Jointly Organise a gender Sensitization Programme on
"Gender Mainstreaming"

I Year B.COM (CA)

Venue : Einstein Hall

Time: 11.15am to 1.40pm

| S.No | Reg.No | Student Name | Signature |
|------|--------------|-----------------------|-------------------------------|
| 1 | 122012171063 | ADHIL AHAMED M | |
| 2 | 122011171064 | AKALYA S | <i>A. Akalya</i> |
| 3 | 122012171065 | ANANDHA RAMAN R | |
| 4 | 122011171066 | ARCHANA A | <i>A. Archana</i> |
| 5 | 122012171067 | BALAJI B | <i>B. Balaji</i> |
| 6 | 122012171068 | BALAJI S | <i>S. Balaji</i> |
| 7 | 122012171069 | BHARANIDARAN R | |
| 8 | 122011171070 | DHARANI E | <i>E. Dhara</i> |
| 9 | 122012171071 | DHIVAKARAN S | <i>S. Dhivakaran</i> |
| 10 | 122012171072 | DHIWAGAR B | <i>B. Dhivagar</i> |
| 11 | 122012171073 | DINESH D | |
| 12 | 122012171074 | DURAI GOVINDHARAJAN S | <i>S. Durai Govindharajan</i> |
| 13 | 122012171075 | EBIN SAMUVEL A | <i>A. Ebin</i> |
| 14 | 122012171076 | FADIL M | <i>M. Fadil</i> |
| 15 | 122011171077 | GOBIGA S | <i>S. Gobiga</i> |
| 16 | 122012171078 | IMRAN ALI N | <i>N. Imran Ali</i> |
| 17 | 122011171079 | JASMIN BANU N | <i>N. Jasmine Banu</i> |
| 18 | 122011171080 | JERNISIYA J | <i>J. Jernisiya</i> |
| 19 | 122012171081 | KAMESHWARAN G | <i>G. Kameshwaran</i> |
| 20 | 122012171082 | KINGSLEE S | <i>S. Kingslee</i> |
| 21 | 122011171083 | KUMARI LALITHA S | <i>S. Kumari Lalitha</i> |
| 22 | 122012171084 | LOGESHWARA RAO G | <i>G. Logesha</i> |
| 23 | 122012171085 | MAHIM A | <i>A. Mahim</i> |
| 24 | 122012171086 | MANIKANDAN G | <i>G. Manikandan</i> |
| 25 | 122011171087 | MATHUMITHA S | |
| 26 | 122012171088 | MOHAMED ARSATH S | |
| 27 | 122012171089 | MOHAMED ASKAR M | |

| | | | |
|----|--------------|-------------------------------|----------------------------|
| 28 | 122012171090 | MOHAMED HUSSAIN M | M. MOHAMED Hussain |
| 29 | 122012171091 | MOHAMED ISSAM R | M. Mohamed Issam |
| 30 | 122012171092 | MOHAMED RIYAS M | M. Mohamed Riyas |
| 31 | 122012171093 | MOHAMED RIYAZ M | Md. Riyaz |
| 32 | 122012171094 | MOHAMED SIKKANDER BATCHA S | Mohamed Sikkander batcha S |
| 33 | 122011171095 | MUTHU SRI S | |
| 34 | 122012171096 | NAVEEN ANANTH D | D. Naveen Ananthi |
| 35 | 122012171097 | NAVEEN R | P. Naveen |
| 36 | 122012171098 | NITHEESH KUMAR P | P. Nitheesh Kumar |
| 37 | 122012171099 | PADMANATHAN S | Padmanathan S |
| 38 | 122011171100 | PAVITHRA R | R. Pavithra |
| 39 | 122012171101 | PONRAJ P | P. Ponraj |
| 40 | 122012171102 | PRAGADEESWARAN G | Pr. Pragadeeswaran |
| 41 | 122011171103 | PRATHANA S | S. Prathana |
| 42 | 122012171104 | PRAVEEN S | S. Praveen (Don) |
| 43 | 122011171105 | PRIYA K | K. Priya |
| 44 | 122012171106 | RAGAVAN J | S. Ragavan |
| 45 | 122012171107 | RAJA RAJAN M | |
| 46 | 122012171108 | RAKESH M | |
| 47 | 122012171109 | RAMANESH M | M. Ramesh |
| 48 | 122012171110 | SABAREESH R | |
| 49 | 122012171111 | SARAN P S | |
| 50 | 122012171112 | SATHISH S | S. Sathish |
| 51 | 122012171113 | SHAHUL HAMEED A | A. Shahul Hameed |
| 52 | 122012171114 | SHANSHAAM | A. Shan Shaam |
| 53 | 122012171115 | SHEIK ABDULLAH M | Sheik Abdullah M |
| 54 | 122011171116 | SRINITHI R | R. Srinithi |
| 55 | 122012171117 | SRINIVAS B | B. Srinivas |
| 56 | 122012171118 | SUDHARSAN P | P. Sudharsan |
| 57 | 122012171119 | SUJAL R | |
| 58 | 122012171120 | VEERA SAKTHIVEL G | G. Veera Sakthivel |
| 59 | 122012171121 | VIJAYAN KT | K. Vijayan |
| 60 | 122012171122 | YOGA VEERAMANI C | C. Yoga Veeramani |

| S.No | Reg.No | Student Name | Signature |
|------|--------------|---------------------|----------------------|
| 1 | 122012170127 | ABDUL AJEES A | A. Abdul Ajees |
| 2 | 122012170128 | ABDUL HAMEED N | N. Abdul Hameed |
| 3 | 122012170129 | ABINESH R | |
| 4 | 122012170130 | ANAND A | A. Anand |
| 5 | 122011170131 | ANANTHI B | B. Ananthi |
| 6 | 122012170132 | ARASU A | A. Arasu |
| 7 | 122012170133 | ARISH A | A. Arish |
| 8 | 122012170134 | ATHITHYAN R A | R. Athithyan |
| 9 | 122012170135 | AYYA A | A. Ayya |
| 10 | 122012170136 | DEASIKAN R | R. Deasikan |
| 11 | 122012170137 | DEEPAKRAJA K | K. Deepak Raja |
| 12 | 122012170138 | ELUMALAI S | |
| 13 | 122011170139 | HARINI B N | B.N. Harini |
| 14 | 122012170140 | HARISH S | S. Harish |
| 15 | 122011170141 | JANANI P | P. Janani |
| 16 | 122012170142 | JAYA PRAKASH R | R. Jaya Prakash |
| 17 | 122012170143 | JAYACHANDRAN M | |
| 18 | 122012170144 | JAYASEELAN A | A. Jayaseelan |
| 19 | 122012170145 | JEEVANANTHAM M S | M.S. Jeevantham |
| 20 | 122012170146 | KANISH V | V. Kanish |
| 21 | 122011170147 | KARTHIYAYANIS | S. Karthiyanis |
| 22 | 122012170148 | KEERTIVASAN V | V. Keertivasan |
| 23 | 122012170149 | KISHORE J T | T. Kishore J |
| 24 | 122012170150 | LOKESH M C | C. Lokesh M |
| 25 | 122012170151 | MAHESWARAN J | J. Maheswaran |
| 26 | 122012170152 | MOHAMED ASATHULLA S | S. Mohamed Asathulla |
| 27 | 122012170153 | MOHAMED FAZIL S | S. Mohamed Fazil |
| 28 | 122012170154 | MOHAMED MUSRUF S | S. Mohamed Musruf |
| 29 | 122012170155 | MOHAMED RASEENT | T. Mohamed Raseent |
| 30 | 122012170156 | MOHAMED SAMEER M | |

| | | | |
|----|--------------|-----------------------|----------------------|
| 31 | 122012170157 | MOHAMED SHAJITH A | A. Moha Shajith |
| 32 | 122012170158 | MOHAMED TAUFIQ S | |
| 33 | 122012170159 | NAGARJUN N | |
| 34 | 122011170160 | NATHEESHA S | S. Natheesha |
| 35 | 122012170161 | NAVEENKUMAR K | K. NAVEEN KUMAR |
| 36 | 122012170162 | NAZEEM FAZIL M | M. Nazam |
| 37 | 122012170163 | NITHISH D | D. Nithish |
| 38 | 122011170164 | PAVITHRA S | S. Pavithra |
| 39 | 122011170165 | POORNISHA S | |
| 40 | 122012170166 | PRAVEEN KUMAR C | |
| 41 | 122012170167 | PRAVEENKUMAR K | K. Praveen |
| 42 | 122011170168 | PRIYA DHARSHINI M | M. Priya |
| 43 | 122012170169 | SAKTHIVEL D | D. Sakthivel |
| 44 | 122011170170 | SAMEERA THASREEN A | A. Sameera Thasreen |
| 45 | 122012170171 | SANTHOSH A | A. Santhosh |
| 46 | 122012170172 | SANTHOSH B | B. Santhosh |
| 47 | 122012170173 | SARAN P | P. Saran |
| 48 | 122012170174 | SARATHI S | S. Sarathi |
| 49 | 122012170175 | SATHISH S | S. Sathish |
| 50 | 122012170176 | SHIYAM A | A. Shiyam |
| 51 | 122012170177 | SIVARAMAGIRIDHAR B | B. Sivaramagiridhar |
| 52 | 122011170178 | SRIVAISHNAVI P | P. Sri Vaishnavi |
| 53 | 122012170179 | SUBASH CHANDRA BOSE M | M. Subash |
| 54 | 122012170180 | SURYA H | |
| 55 | 122012170181 | SYED JAVID J | |
| 56 | 122011170182 | SYEDA JAIBUNI HAR H | H. Syeda Jaibuni Har |
| 57 | 122012170183 | THEENAVAN G | |
| 58 | 122012170184 | VEERAMANIKANDAN M | M. Veeramani |
| 59 | 122012170185 | VIJAYASWANTH V A | A. Vijayaswanth |
| 60 | 122012170186 | VISHNUVARTHAN V | V. Vishnuvarthan |

D. A. Lilypushpam

Ms. D. Antony Lilypushpam
Counsellor - PMIST

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www.pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|--------------------|-------------------------------|
| Program – 7 | |
| Date | 15.11.2022 |
| Dept | Commerce |
| Students: | I B. Com. G & H |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Combating Gender Stereotypes |



DEPARTMENT OF COMMERCE
&
Gender Champions Club
Jointly Organise a Gender Sensitization
Programme on
"Combating Gender
Stereotypes"
(For First Year B.Com & B.Com Hons (2022-2025) Batch Students)



Mrs.D.Antony Lilly Pushpam
Counsellor, VMCQLR
PMIST
15.11.2022

Time : 11.15 a.m to 1.40 p.m Venue : Einstein Hall

Periyar Maniammai Institution of
Science and Technology
(Deemed to be University)
Periyar Nagar, Vallam,
Thanjavur 613403
Tamil Nadu, India

For more details, visit
www.pmu.edu
headce@pmu.edu

CONVENER
Dr.N.Jayanthi, Asso.Prof. & Head
COORDINATOR
Ms.E.Hephzibah Rosalind
Asst.Prof



(Counselor speaking on the topic, ‘Combating Gender Stereotypes’)

Counselor spoke on the topic was on Combating Gender Stereotypes. The following gender bias in education were explained & discussed. 1. The gender pay gap. 2. Gender disparities in agriculture. 3. Poor access to health care. 4. Lack of representation for woman and girls at the policy level. 5. Concern and gender equality. The first year students were actively participated and interacted with the resource person and got clarification on their doubts. The students participated and benefited from Awareness programme on “Combating Gender Stereotypes”.

ASS: I B.COM (A)

| SL. NO | REGISTER NO | NAME OF THE STUDENT | SIGNATURE |
|--------|--------------|-----------------------|-------------------|
| 1 | 122012153631 | ABDUL GAFFAR A | A. Gaffar |
| 2 | 122012153632 | ABDUL KADAR J | |
| 3 | 122012153633 | ADHITHYA B | |
| 4 | 122012153634 | AGATHIYAN K | Agathiyank |
| 5 | 122012153635 | AHMED NABEEL M | |
| 6 | 122012153636 | AHMED RIFATH H | H.A. Rifath |
| 7 | 122012153637 | AJAY N | N. Ajay |
| 8 | 122012153638 | ALWIN MANOJ L | |
| 9 | 122012153639 | ANAS MOHAMED S | Anas Mohamed S |
| 10 | 122012153640 | ARSHATH AHAMED J | Arshath |
| 11 | 122012153641 | ASIK M | Asik |
| 12 | 122012153642 | ATCHAYAKUMAR S | |
| 13 | 122012153643 | BARANI M | Barani |
| 14 | 122011153644 | BAVADHARANI R | RBhadhary |
| 15 | 122012153645 | DANISH C P | |
| 16 | 122011153646 | DHARSHINI M | Dharshini M |
| 17 | 122012153647 | DHINESH JOHN BERITO D | D. Dhinesh |
| 18 | 122012153648 | FAIZUDEEN H | Fauzan |
| 19 | 122012153649 | GOKUL V | V. Gokul |
| 20 | 122012153650 | HARIHARAN R | |
| 21 | 122012153651 | HARIHARAN S | |
| 22 | 122012153652 | IRFAN HAMEED A | |
| 23 | 122012153653 | JAGATHEESAN K | K. Jagatheesan |
| 24 | 122011153654 | JAYASAKTHI V | V. Jayasakthi |
| 25 | 122012153655 | KASIM SALMAN S | |
| 26 | 122012153656 | KHAN MOHAMED BATCHA M | M. Batcha |
| 27 | 122012153657 | LAKSHMI NARAYANAN B | B. Lakshmi |
| 28 | 122012153658 | MOHAMAD HAJMIR M | M. Mohamad Hajmir |
| 29 | 122012153659 | MOHAMED ADHIL N | N. Mohamed Adhil |
| 30 | 122012153660 | MOHAMED FAHIM H | H. Mohamed Fahim |

| SL. NO | REGISTER NO | NAME OF THE STUDENT | SIGNATURE |
|--------|--------------|---------------------|--------------------|
| 1 | 122012153661 | MOHAMED HARIB A | Mohamed Harib A |
| 2 | 122012153662 | MOHAMED HISAM J | |
| 3 | 122012153663 | MOHAMED IMARUDEEN M | M. Mohd Imran |
| 4 | 122012153664 | MOHAMED IMRAN M | M. Imran |
| 5 | 122012153665 | MOHAMED ITHREES M | M. Ithrees |
| 6 | 122012153666 | MOHAMED YASAR M | |
| 7 | 122012153667 | MOHAMED YUNUS L | |
| 8 | 122012153668 | MOHAMEDARSATH K | K. Mohamed Arsat |
| 9 | 122012153669 | MOHAMMED RASITH B | Mohammed Rasith |
| 10 | 122012153670 | MOHANRAJ K | K. Mohan Raj |
| 11 | 122012153671 | NAVEEN C | C. Naveen |
| 12 | 122012153672 | NIKIL KUMAR P | |
| 13 | 122012153673 | PRASANTH P | |
| 14 | 122012153674 | PREMNATH S | S. Premnath |
| 15 | 122011153675 | RAHINI S | |
| 16 | 122011153676 | RUBINI V | R. Rubini V |
| 17 | 122012153677 | SADHAM RAHMAN N | Sadham Rahman |
| 18 | 122011153678 | SANDRA S | S. Sandra |
| 19 | 122012153679 | SANJAY R | |
| 20 | 122011153680 | SANTHIYA M | M. Santhiya |
| 21 | 122011153681 | SARUDARSHANA K | K. Sarudarshana |
| 22 | 122012153682 | SHEIKARIF J | |
| 23 | 122012153683 | SIVAKUMAR B | B. Sivakumar |
| 24 | 122012153684 | SRI RAM R | R. Sri Ram |
| 25 | 122012153685 | TAMILSELVAN A | |
| 26 | 122012153686 | TARIQ U | U. Tariq |
| 27 | 122012153687 | THANVERUDEEN M S | M. S. Thanverudeen |
| 28 | 122012153688 | THIRUMALAI RAJAN S | |
| 29 | 122012153689 | VARUNKUMAR G | G. Varunkumar |

30. 122012153690 - Vignesh K

K. Vignesh

| SL. NO | REGISTER NO | NAME OF THE STUDENT | SIGNATURE |
|--------|--------------|---------------------|----------------------|
| 1 | 122012153691 | ABDUL FASITH J | |
| 2 | 122012153692 | ABDULRAHMAN A | A. Rahman |
| 3 | 122012153693 | AJESH M | m. Ajenh |
| 4 | 122012153694 | AKASH K | K. AKASH |
| 5 | 122012153695 | AKILAN G | AKil. G. |
| 6 | 122011153696 | ANUPRIYA A | A. Anupriya |
| 7 | 122012153697 | ASHSHAHID M | M. ashshahid |
| 8 | 122012153698 | ASLAM FAIZ AHAMED S | S. aslam faiz ahamed |
| 9 | 122012153699 | BALAGURU G | G. Balaguru |
| 10 | 122011153700 | DEEPA PRIYA B | B. Deepa priya |
| 11 | 122012153701 | DHEENADHAYALAN M | |
| 12 | 122011153702 | GAYATHRI D | G. Gayathri |
| 13 | 122012153703 | GOKUL M | M. Gokul |
| 14 | 122012153704 | GUNA K | G. Guna |
| 15 | 122011153705 | HARINI R | R. Harini |
| 16 | 122012153706 | IDHREES M | |
| 17 | 122012153707 | IMMANUVEL S | S. Immanuel |
| 18 | 122012153708 | JABRULLAH KHAN J | J. Jabrullah |
| 19 | 122012153709 | JAMAL MOHAMED M | M. Jamal |
| 20 | 122012153710 | KAMALDEEN A | A. Kamaldeen |
| 21 | 122012153711 | KAMESHWARAN P | |
| 22 | 122012153712 | KARON S | |
| 23 | 122012153713 | KARTHIKEYAN C | C. Karthikeyan |
| 24 | 122012153714 | KARTHIKEYAN K | K. Karthikeyan |
| 25 | 122012153715 | MAHESWARAN S | S. Maheswaran |
| 26 | 122012153716 | MANAF MOHAMED S | S. Manaf |
| 27 | 122012153717 | MANOJ S | S. Manoj |
| 28 | 122012153718 | MOHAMED ANAS A | A. Mohamed Anas |

| SL. NO | REGISTER NO | NAME OF THE STUDENT | SIGNATURE |
|--------|--------------|-------------------------|-------------------|
| 1 | 122012153721 | MOHAMED ARSATH S | S. Arshad |
| 2 | 122012153722 | MOHAMED ASLAM J | J. Aslam |
| 3 | 122012153723 | MOHAMED FAZLAN ASFAR J | J. Asfar |
| 4 | 122012153724 | MOHAMED GANI P | P. Gani |
| 5 | 122012153725 | MOHAMED HALITH M | M. Halith |
| 6 | 122012153726 | MOHAMED MUSHARAF A | |
| 7 | 122012153727 | MOHAMED SALMAN B | |
| 8 | 122012153728 | MOHAMED VAJITH A | |
| 9 | 122012153729 | MOHAMED YASHIF Z | |
| 10 | 122012153730 | MOHAMED YUSUF M | M. Yusuf |
| 11 | 122012153731 | MUBEEN AHMED A | A. Mubeen |
| 12 | 122012153732 | NAVEEN D | D. Naveen |
| 13 | 122012153733 | NITHISH KUMAR S | S. Nithish Kumar |
| 14 | 122012153734 | NITHISHKUMAR K | K. Nithish |
| 15 | 122012153735 | PRAVEEN KUMAR G | G. Praveen |
| 16 | 122012153736 | RAGHUPATHY B | B. Raghupathy |
| 17 | 122012153737 | RAJA GANAPATHI M | |
| 18 | 122012153738 | SABARISH R | R. Sabarish |
| 19 | 122011153739 | SHALINI D | D. Shalini |
| 20 | 122012153740 | SHANMUGANATHAN R | R. Shanmuganathan |
| 21 | 122012153741 | SIBI THATCHINAMOORTHY M | M. Sibi |
| 22 | 122012153742 | SUDHARSAN R | |
| 23 | 122012153743 | SUDHARSHAN R | |
| 24 | 122012153744 | THENNAVAN R | |
| 25 | 122012153745 | THOUFIC KASIM S | |

26. 122012153746 - VEERAMANI - S

27. 122012153747 - VETHAVIYAASH R

28. 122012153748 - VIJAY PERUMAL J

29. 122012153749 - YOGITHA R

30. 122012153750 - YUVAN SARJAY R

D. T. Lilypushpan

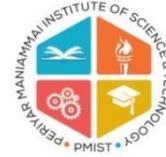
Ms. D. Antony Lilypushpan
Counsellor - PMIST

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www.pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of USC Act, 1956 • NAAC Accredited
think • innovate • transform

| | |
|---------------------|-------------------------------|
| Program - 08 | |
| Date | 01.12.2022 |
| Dept | Management studies |
| Students: | I B.B.A, A&B Sections |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Creating My Reality |



(Counselor speaking on the topic 'Creating My Reality')

We create our own reality with what we think, what we believe, what we perceive, and even what language we speak. Recognizing this gives you a responsibility to choose how to see the world. Beliefs are usually created by what we experience or what others tell us to be true. Creating our own reality is all about a conscious way to choose what you want, change or modify things you do not like. Then access your dreams by making it happen - Dr. Johanna Lam, Whereas, negative thoughts and feelings rule psychological processes and guide you toward failure and hopelessness.

Department: HM *Class - 12, 2022* Batch/Section: 2022-2023/A
 No of Students: 30 A445 = 30

| S. No | Register Number | Name | |
|-------|-----------------|----------------------|----|
| 1. | 122012175001 | AADITHYAN R | / |
| 2. | 122012175002 | ANTON MELOTH M | / |
| 3. | 122012175003 | ALAY R | / |
| 4. | 12201175004 | ASHIKA D | / |
| 5. | 122012175005 | ASMAH BASTEK A | / |
| 6. | 122012175006 | ASREETH AHAMED J | / |
| 7. | 122012175007 | BALAKRISHNAN B | / |
| 8. | 122012175008 | BENADICT SHELDON A | A |
| 9. | 122012175009 | CHANDRU R | / |
| 10. | 122012175010 | DINESH KARTHICK T G | / |
| 11. | 122012175011 | ESWAR S | a |
| 12. | 122012175012 | GULAM THASHTHAHEER A | / |
| 13. | 122012175013 | IBRAHIM AHMED N | / |
| 14. | 12201175014 | KANIMOZHIS | / |
| 15. | 122012175015 | MADHAN B | a |
| 16. | 122012175016 | MOHAMED AJMAL M | / |
| 17. | 122012175018 | MOHAMED IBRAHIM F | / |
| 18. | 122012175019 | MOHAMED SAMIIR B | / |
| 19. | 12201175020 | NIVETHA C | / |
| 20. | 122012175021 | PRAVEEN C | / |
| 21. | 122012175022 | PREM KUMAR P | / |
| 22. | 122012175023 | ROHIT A S | / |
| 23. | 12201175024 | SARUMATHI RA | / |
| 24. | 122012175025 | SHAFIK FIRNAS M | / |
| 25. | 12201175026 | SUDEVI V | / |
| 26. | 122012175027 | UDHAYAN M | A |
| 27. | 122012175028 | VIMALRAJ V | / |
| 28. | 122012175029 | YAZHILNILAVAN R | / |
| 29. | 12201175030 | YOGIYA S | 30 |
| 30. | 122012175031 | VIGNESH P | / |

69

Department: LSCM

Batch/Section: 2022-2023/A

No of Students: 30

| S.No | Register Number | Name | |
|------|-----------------|--------------------------|---|
| 1. | 122012176001 | ABISEEK KUMAR B | ✓ |
| 2. | 122012176002 | AKASH R | ✓ |
| 3. | 122012176003 | ALTHARVESHA | ✓ |
| 4. | 122012176004 | ANITHA T | ✓ |
| 5. | 122012176005 | ASHRAFF S | ✓ |
| 6. | 122012176007 | BEERANIDHARAN S | ✓ |
| 7. | 122012176008 | DEBARUN K | ✓ |
| 8. | 122012176009 | FARHATH FARHITH M | ✓ |
| 9. | 122012176010 | GOKULVARATHAN M | ✓ |
| 10. | 122012176011 | JAYA VEERAN S | ✓ |
| 11. | 122012176013 | JAYADALAN U | ✓ |
| 12. | 122012176015 | MANIKANDAN R | ✓ |
| 13. | 122012176018 | MANIKANDAN R | ✓ |
| 14. | 122012176019 | MOHAMED JAFFER SHATHIK K | ✓ |
| 15. | 122012176016 | MOLAMED KISHWAN N | ✓ |
| 16. | 122012176017 | MUTHUPANIK K | α |
| 17. | 122012176018 | SANDEEPKUMAR G | ✓ |
| 18. | 122012176019 | POYYASOLTA | α |
| 19. | 122012176020 | PRANASA KUMAR M | ✓ |
| 20. | 122012176021 | RAHITH A | ✓ |
| 21. | 122012176022 | SABEER AHAMAD S | ✓ |
| 22. | 122012176023 | SATHISH A | ✓ |
| 23. | 122012176024 | SANJAY S | ✓ |
| 24. | 122012176025 | SANTOSH VASANTH R | ✓ |
| 25. | 122012176026 | SILAMBARASAN S | ✓ |
| 26. | 122012176027 | VEEJA KUMAR V | α |
| 27. | 122012176028 | VENKATESAN S | ✓ |
| 28. | 122012176029 | VILVASARANYA R | ✓ |
| 29. | 122012176030 | VISHNU U | α |
| 30. | 122012176031 | VILVAN R | ✓ |

29

D. Antony Lilypushpam

**Ms. D. Antony Lilypushpam
Counsellor - PMIST**

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|---|
| Program - 09 | |
| Date | 07.12.2022 |
| Dept | FHSM |
| Students: | P. G. |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Sexual Harassment of Women at Work Place, |

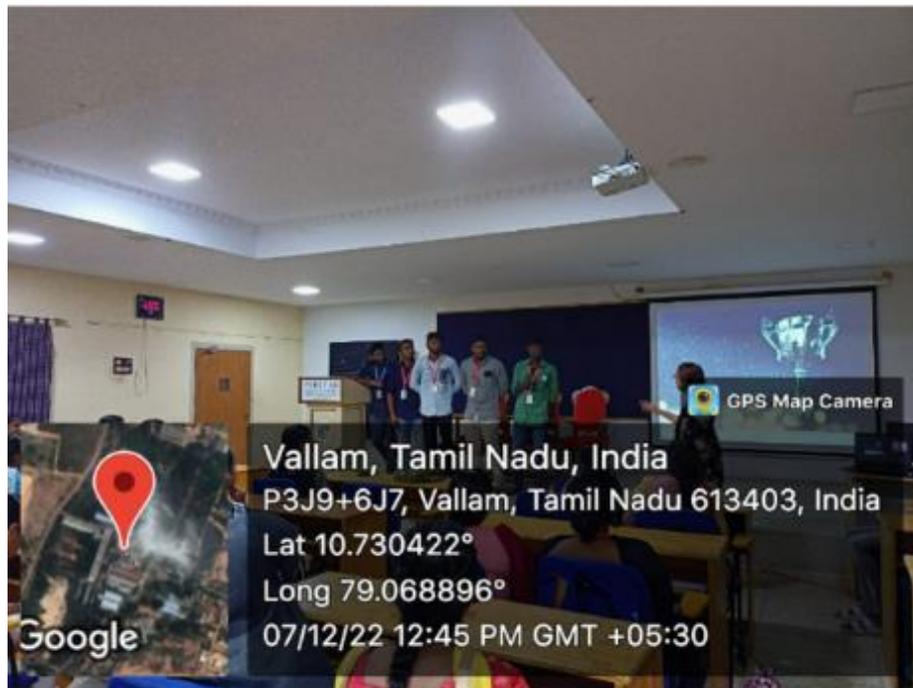
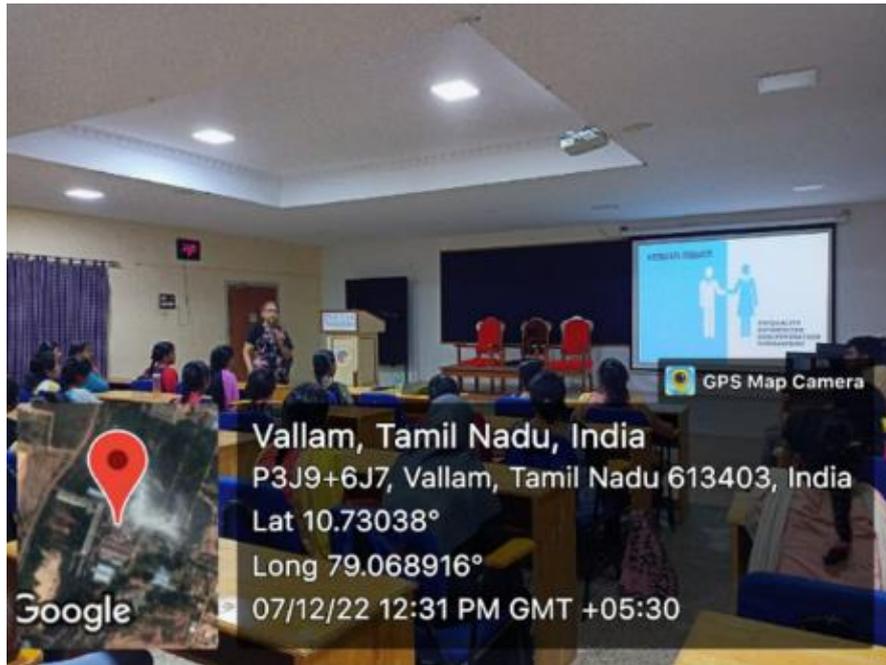
The poster features a pink and purple color scheme. At the top left is the Periyar Maniammai Institute of Science & Technology logo. The main text reads: 'SENSITIZATION WORKSHOP on SEXUAL HARASSMENT OF WOMEN AT WORKPLACE (Prevention, Prohibition and Redressal) PoSH Act, 2013'. Below this, it states 'VENUE: MARIE CURIE HALL' and 'DATE: 07.12.2022 TIME: 11.00 AM'. An illustration shows three women holding a sign that says 'STOP Violence Against Women'. At the bottom, it lists the resource person and organizers.

RESOURCE PERSON:

 Ms. D. Antony Lilypushpam MA., M.Phil.,
COUNSELOR, PMIST

ORGANIZED BY: INTERNAL COMPLAINTS COMMITTEE (ICC)

COORDINATOR : Dr. AR, Umayal Sundari,
Presiding Officer, ICC &
Asso. Professor Physics



(Counselor Speaking on the topic “Implementation of Sexual Harassment of Women at Workplace)

An awareness Program on “Implementation of Sexual Harassment of Women at Workplace (prevention, Prohibition and Redressal) Act, 2013” was explained to the PG students by the Counselor. POSH, also known as the Sexual Harassment of Women at The act strives to prevent sexual harassment in the workplace, encouraging gender equality and ensuring the safety of female employees. Impact was given on women's self-esteem, emotional well-being, and physical health. Also, it makes women to report instances of sexual harassment due to uncertainty and lack of confidence in the process. 48 PG students of FHSM attended the session.

INTERNAL COMPLAINTS COMMITTEE

Periyar Manjamma Institute of Technology and Science
 Periyar Manjamma Institute of Technology and Science
 Periyar Manjamma Institute of Technology and Science
 Periyar Manjamma Institute of Technology and Science



"SENSITIZATION WORKSHOP ON SEXUAL HARASSMENT OF WOMEN AT WORKPLACE"
 (Prevention, Prohibition and Redressal) PoSH Act, 2013

ATTENDANCE

Date: 07.12.2022
 Time: 03.00 pm

Venue: Valluvar Hall

| S. No. | Name of the Participant | Designation | Department | Signature |
|--------|-------------------------|--------------|----------------|----------------------|
| 1 | P. Yashini | I-M.Sc | CHEMISTRY | P. Yashini |
| 2 | M. SNEHA | I.M.Sc | CHEMISTRY | M. Sneha |
| 3 | S. BOOMIKA | II. M.Sc | CHEMISTRY | S. Boomika |
| 4 | B. TAMILAMBAN | I. M.Sc | CHEMISTRY | B. Tamilamban |
| 5 | DINESH KUMAR. P | I M.Sc | CHEMISTRY | D. Dinesh Kumar |
| 6 | B. Jeyagan | I. M.Sc | CHEMISTRY | B. Jeyagan |
| 7 | L. Harisharan | I. M.Sc | Chemistry | L. Harisharan |
| 8 | S. RAMESH ARAVINTH | I. M.Sc | Chemistry | S. Ramesh Aravindh |
| 9 | MATHAN KUNAR. M | I. M.Sc. | CHEMISTRY | M. Mathan |
| 10 | G. Anis purney | IMSc. | MATHS | G. Anis purney |
| 11 | M. MONISHA | I. M.Sc. | MATHS | M. Monisha |
| 12 | K. Kamalashree | I. M.Sc. | MATHS | K. Kamalashree |
| 13 | V. Shyamala devi | I. M.Sc | Maths | V. Shyamala Devi |
| 14 | V. Meey | I. M.Sc | Maths | V. Meey |
| 15 | V. SHYAGARASAN | I. M.Sc | CHEMISTRY | V. Shyagan |
| 16 | P. MANI VASA GAM | I. M.Sc | CHEMISTRY | P. Mani Vasagam |
| 17 | S. SUDHAKARAN | I. M.Sc | CHEMISTRY | S. Sudhakaran |
| 18 | P. SUBHASRI | I-B.Tech-Bio | Bio-Tech | P. Subhasri |
| 19 | S. Keethana Varshini | I-Biotech | Biotechnology | S. Keethana Varshini |
| 20 | S. Karthikeyan | I-Bio-Tech | Bio.technology | S. Karthikeyan |
| 21 | K. Akshaya | I-Bio-Tech | Biotechnology | K. Akshaya |
| 22 | H. Nishana Sameem | I. Bio. Tech | Bio Technology | H. Nishana Sameem |

INTERNAL COMPLAINTS COMMITTEE

Periyar Nagar, Vandal, Thiruvananthapuram - 611 003, Tamil Nadu, India
 Phone: +91 4762 - 204600 Fax: +91 4762 - 254600
 Email: icc@periyar.ac.in Website: www.periyar.ac.in



**PERIYAR
MANIAMMAI**

**"SENSITIZATION WORKSHOP ON SEXUAL HARASSMENT OF WOMEN AT WORKPLACE"
(Prevention, Prohibition and Redressal) PoSH Act, 2013**

ATTENDANCE

Date: 07.12.2022
 Time: 03.00 pm

Venue: Valluvar Hall

| S. No. | Name of the Participant | Designation | Department | Signature |
|--------|-------------------------|-------------|------------|-------------------|
| 23 | R. Dharani | I-M.Sc | Physics | R. Dharani |
| 24 | Nithish Kasthikayon. K | I-M.Sc | Physics | Nithish |
| 25 | Benazera Begum. N | I-M.Sc | Physics | B. Begum |
| 26 | Vaniisha - C | I-M.Sc | Physics | Vaniisha |
| 27 | Shalini. C | I-M.Sc | Physics | Shalini |
| 28 | Ranjani A. N. | I-M.Sc | Physics | A. N. Ranjani |
| 29 | Sarojini N. | I-M.Sc | Physics | Sarojini |
| 30 | T. Bhuvana | I-M.Sc | Physics | T. Bhuvana |
| 31 | J. Abinaya | I-M.Sc | Physics | J. Abinaya |
| 32 | G. Sakthi Vasuhoavi | I-M.Sc | Physics | G. Sakthi |
| 33 | K.R. Shalini | I-M.Sc | Physics | K.R. Shalini |
| 34 | G. Gayathri | I-M.Sc | Physics | G. Gayathri |
| 35 | V. Priyadharshini | I-M.Sc | Physics | V. Priyadharshini |
| 36 | S. Sabitha | I-M.Sc | Physics | S. Sabitha |
| 37 | S. Karishma | I-M.Sc | Physics | S. Karishma |
| 38 | Dr. SUDHESHNA | I-M.Sc | MATHS | Dr. S. Sudheshna |
| 39 | R. Keerthana | I-M.Sc | Chemistry | R. Keerthana |
| 40 | V. Suganya | I-M.Sc | Chemistry | V. Suganya |
| 41 | M. Moina | I-M.Sc | Chemistry | M. Moina |
| 42 | V. Sushmita | I-M.Sc | Chemistry | V. Sushmita |

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|-------------------------------|
| Program - 10 | |
| Date | 08.02.2023 |
| Arranged by | Political Department |
| Students: | I & II year ECE Girl students |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Internet Safety |



(Counselor speaking on the topic on the topic, 'Internet Safety & Youth Development')

Counselor speaking on the topic on the topic, 'Internet Safety & Youth Development exclusively for the girls. It was explained to them that the online safety is being aware of the nature of the possible threats that you could encounter whilst engaging in activity through the Internet, these could be security threats, protecting and managing your personal data, online reputation management, and avoiding harmful or illegal content. The students were encouraged to have a discussion, in order to develop themselves by setting a suitable goal.

Department of Electronics and Communication Engineering
Safer Internet and Youth Development

Date:8.02.2023

| S.No | Register Number | Name | Attendance |
|------|-----------------|-------------------|------------|
| 1. | 1210110131016 | ABENAYASRI S | P |
| 2. | 1210110131017 | ANANTHIKA R | P |
| 3. | 1210110131018 | ARSAVARTHINI P | P |
| 4. | 1210110131024 | GEETHA SHREE V | P |
| 5. | 1210110131030 | KIRUTHIKA G | P |
| 6. | 1210110131031 | LAVANYA M | P |
| 7. | 1210110131033 | MANJU K | P |
| 8. | 1210110131042 | SRUTHI REGA K | P |
| 9. | 1210110131043 | SUJITHA S | P |
| 10. | 1210110131045 | SWETHA A | P |
| 11. | 1210110131046 | UDHAYA M | P |
| 12. | 1210110131049 | ABINAYA S | P |
| 13. | 1210110131052 | SRIGURUPRIYA A M | P |
| 14. | 1210110131053 | FAHEEMA M B | P |
| 15. | 1210110131054 | INIYA S | P |
| 16. | 1210110131055 | KARTHIKA R | P |
| 17. | 1210110131056 | KEERTHANA M | P |
| 18. | 1220110131122 | RAJASHREE V | P |
| 19. | 1220110131062 | AARTHI.R | P |
| 20. | 1220110131070 | ARCHANA.M | P |
| 21. | 1220110131073 | ASMA.S | P |
| 22. | 1220110131079 | FAHISHA NOORA . A | P |
| 23. | 1220110131081 | GRACY .V | P |
| 24. | 1220110131084 | HARITHA .K | P |
| 25. | 1220110131090 | KANIMOZHI.R | P |
| 26. | 1220110131091 | KANMANI . S | P |
| 27. | 1220110131092 | KAVYA.PG | P |
| 28. | 1220110131094 | MAHASAKTHI . V | P |
| 29. | 1220110131099 | NISHANITHINI . S | A |
| 30. | 122011013100 | PARKAVI , S | A |
| 31. | 1220110131103 | PREETHI. G | P |

| | | | |
|-----|---------------|---------------|---|
| 32. | 1220110131114 | SRINITHYA . B | P |
| 33. | 1220110131117 | SUVATHI . S | P |
| 34. | 1220110131121 | YAZHISAI.P | P |
| 35. | 1220110131067 | ABINAYA.G | P |
| 36. | 1220110131064 | ABARNA.K | P |
| 37. | 1220110131069 | ARADHANA.K | P |

D.A. Lilypuskpor
Counselor

D. Antony Lilypuskpor

Class Incharge

S. ASHA, AP/ECE

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

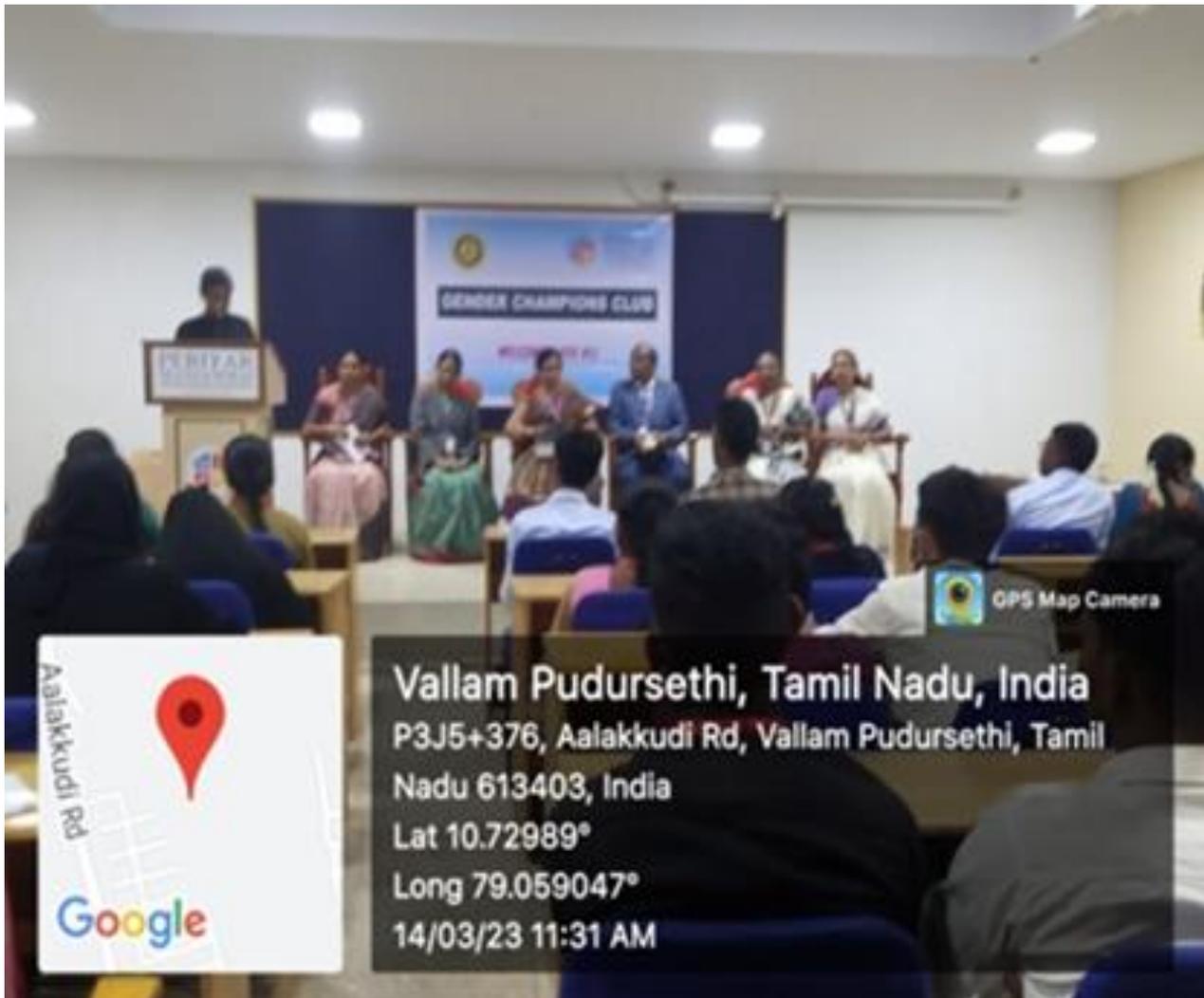
Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www.pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|---------------------|----------------------------------|
| Program – 11 | |
| Date | 14.03.2023 |
| Dept | Dept. of Mathamatics & Education |
| Students: | III year Maths & B. Sc/ Ed. |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Gender Equality |





(Counselor speaking on the topic ‘Gender Equality’)

The Gender Champions Club jointly with the Department of Mathematics and Education organized a program in the topic “Gender Equality” Counsellor, gave a talk on “Gender Equality”.. The question is not only the equality and empowerment of male and female but transgender also. She also insisted the students to provide a harmonious, conducive and fruitful environment for all students to excel physically, mentally, intellectually and emotionally upholding ethics and values and to provide awareness, training, building self-confidence to bring positive attitude and beliefs

SENIOR CAMPING CLUB - ANNEST VALLAM
No. 03 2023

SPECIAL ADDRESS - MR. LILLY PICHAYAN
CHIEF COUNSELLOR

| S.No | Name | Reg. No. | Department | Signature |
|------|-----------------|------------|------------------|-------------|
| 1) | Anand P | 1220114019 | B.Sc. Math (1) | [Signature] |
| 2) | Kranjipriya K | 1220116406 | B.Sc. Maths (1) | [Signature] |
| 3) | J. Anitha | 1220114077 | B.Sc. Maths (1) | [Signature] |
| 4) | Geethaselani M | 1220121401 | B.Sc. Maths (1) | [Signature] |
| 5) | NALAN KUMAR P | 1220111403 | B.Sc. Maths (1) | [Signature] |
| 6) | VENKAT S | 1220121209 | B.Sc. Maths (1) | [Signature] |
| 7) | Kirubai Nony V | 1220100142 | B.Sc. Maths (1) | [Signature] |
| 8) | Lakshmi Priya M | 1220100144 | B.Sc. Maths (1) | [Signature] |
| 9) | Jayasri J | 1220119064 | B.Sc. Maths (1) | [Signature] |
| 10) | SHRINISHA G | 1220119102 | B.Sc. Maths (1) | [Signature] |
| 11) | Thirika R | 1220119200 | B.A. - Political | [Signature] |
| 12) | S. Prashanth | 1220116405 | B.Sc. Maths | [Signature] |
| 13) | J. Loga | 1220116402 | B.Sc. Maths | [Signature] |
| 14) | T. Vidya | 1220121404 | B.Sc. Maths | [Signature] |
| 15) | [Name] | 1220121400 | B.A. - Political | [Signature] |
| 16) | [Name] | 1220121402 | B.A. - Political | [Signature] |
| 17) | [Name] | 1220119014 | I. B. Ed | [Signature] |
| 18) | [Name] | 1220119052 | I. B. Ed | [Signature] |
| 19) | [Name] | 1220119021 | I. B. Ed | [Signature] |
| 20) | [Name] | 1220119077 | B.Sc. Maths | [Signature] |
| 21) | [Name] | 1210101453 | B.Sc. Maths | [Signature] |
| 22) | [Name] | 1210110141 | B.Sc. Maths | [Signature] |
| 23) | [Name] | 1210110152 | B.Sc. Maths | [Signature] |
| 24) | [Name] | 1210111512 | B.Sc. Maths | [Signature] |
| 25) | [Name] | 1210119064 | B.Sc. Maths | [Signature] |
| 26) | [Name] | 1220121575 | B.Sc. Maths | [Signature] |
| 27) | [Name] | 1220121250 | B.Sc. Maths | [Signature] |
| 28) | [Name] | 1220119064 | B.Sc. Maths | [Signature] |
| 29) | [Name] | 1220119064 | B.Sc. Maths | [Signature] |

GRAND CHAMPIONSHIP CLUB - INDIAN VALLEY
14.03.2022

SPECIAL FERRILL - MC TALLY BILKORAN
CITY CHAMPION

| S.No | Name | Reg No | Department | Signature |
|------|---------------------|--------------|--------------------|---------------------|
| 31 | S. Maheshwari | 120011931004 | M.Ed. Maharashtra | S. Maheshwari |
| 32 | S. Anshu | 120011931005 | M.Ed. Maharashtra | S. Anshu |
| 33 | T. Sridhara | 120011931006 | Teacher (Math) | T. Sridhara |
| 34 | M. SATHISH | 120011931007 | M. Ed. (Tamil) | M. Sathish |
| 35 | S. S. Prakash | 120011931008 | B. Ed. | S. S. Prakash |
| 36 | S. Lagna | 120011931009 | B. Ed. Math | S. Lagna |
| 37 | T. N. Srinivas | 120011931010 | B. Ed. Math | T. N. Srinivas |
| 38 | U. Maheshwari | 120011931011 | B. Ed. Mathematics | U. Maheshwari |
| 39 | S. Ajay Kishore | 120011931012 | . | S. Ajay Kishore |
| 40 | A. Deepthashini | 120011931013 | I - B. Ed | A. Deepthashini |
| 41 | B. Infanti Chilkoti | 120011931014 | I B. Ed | B. Infanti Chilkoti |
| 42 | A. Anand Reddy | 120011931015 | B. Ed. Math | A. Anand Reddy |
| 43 | A. Kameshwaraswami | 120011931016 | I. B. Ed. Math | A. Kameshwaraswami |
| 44 | Amita Shakti | 120011931017 | B. Ed. Math | Amita Shakti |
| 45 | J. Shakti Shakti | 120011931018 | . | J. Shakti Shakti |
| 46 | P. Ananthanath | 120011931019 | B. Ed. Math | P. Ananthanath |
| 47 | J. Suresh Kumar | 120011931020 | B. Ed. Math | J. Suresh Kumar |
| 48 | S. Kamani Sreedhar | 120011931021 | I B. Ed | S. Kamani Sreedhar |
| 49 | R. C. Nirvani | 120011931022 | I B. Ed | R. C. Nirvani |
| 50 | K. Suresh Kumar | 120011931023 | I B. Ed | K. Suresh Kumar |
| 51 | K. Lakshmi Sumanth | 120011931024 | I B. Ed | K. Lakshmi Sumanth |
| 52 | C. Bhavatharani | 120011931025 | I B. Ed | C. Bhavatharani |
| 53 | R. Praveena | 120011931026 | I B. Ed | R. Praveena |
| 54 | C. Vinitha | 120011931027 | I B. Ed | C. Vinitha |
| 55 | P. Rajesh | 120011931028 | I B. Ed | P. Rajesh |
| 56 | R. Suresh Kumar | 120011931029 | I B. Ed | R. Suresh Kumar |
| 57 | B. Suresh | 120011931030 | I B. Ed | B. Suresh |
| 58 | P. Anil | 120011931031 | B. Ed | P. Anil |
| 59 | S. Suresh | 120011931032 | I B. Ed | S. Suresh |
| 60 | N. Anand | 120011931033 | I - B. Ed | N. Anand |

F-23



REDMI NOTE 9
ALOAD CAMERA

Dr. C. Vinitha, GCE

S. Anand
HOD / Math
Dr. S. Anand

S. Anand
HOD / Education
(Dr. S. Anand)

++++

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India
Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660
Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 - NAAC Accredited
think • innovate • transform

| | |
|--------------|-------------------------------|
| Program – 12 | |
| Date | 20.03.2023 |
| Dept | M. C. A. |
| Students: | I M. C. A., A & B |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | Soft Skills |

Department of Computer Science and Applications
Periyar Maniammai Institute of Science and Technology,
Vallam, Thanjavur-613403



Seminar on Soft Skill & Self Motivation



Resource Person
Ms. D. Antony Lilypushpam

Date
20.03.2023

Time
2:00 pm-3:00 pm

Venue
Galileo Hall

COORDINATOR
DR.S.MANIMOZHI, AP/CSA



(Counselor speaking on the topic ‘Soft Skills Self-Motivation’)

Counselor spoke on the topic ‘Soft Skill’. It was explained to them that the fundamental soft skills include creativity, persuasion, emotional intelligence, and viable interpersonal relationship. Soft skill development is the process of improving specific personality traits and abilities that help you work more effectively with your colleagues and customers. Communication, interpersonal, and teamwork skills are all examples of soft skills students may look for when hiring new employees for any position. Self-motivation drives people in general to keep going even in the face of setbacks, to take up opportunities, and to show commitment to what they want to achieve.

| S.No | Reg.No | Name | Class and Section |
|------|--------------|------------------|-------------------|
| 1 | 122011453122 | AROKIA JENIFER J | I MCA A |
| 2 | 122011453124 | BUVANI K | I MCA A |

| | | | |
|----|--------------|-------------------|---------|
| 3 | 122011453134 | KEERTHIGA K | I MCA A |
| 4 | 122011453136 | KOUSALYA R | I MCA A |
| 5 | 122012453137 | KRISHNAKUMAR P | I MCA A |
| 6 | 122011453138 | MAHALAKSHMI S | I MCA A |
| 7 | 122012453157 | SAKTHI M | I MCA A |
| 8 | 122012453158 | SAMARUL HUQ S | I MCA A |
| 9 | 122012453162 | SHAIK ABDULLAH A | I MCA A |
| 10 | 122011453164 | SOWMIYA R | I MCA A |
| 11 | 122011453166 | SUBASRI M | I MCA A |
| 12 | 122011453168 | SUVETHA T | I MCA A |
| 13 | 122012453171 | VIGNESH R | I MCA A |
| 14 | 122012453172 | VISHNU B | I MCA A |
| 15 | 122011453176 | AARTHI P | I MCA A |
| 16 | 122011453177 | AARTHI S | I MCA A |
| 17 | 122011453181 | ASWINI M | I MCA A |
| 18 | 122011453182 | BHAVADHARANI R | I MCA A |
| 19 | 122011453184 | BIRUNTHA K | I MCA A |
| 20 | 122012453185 | CHEZHIAN K | I MCA A |
| 21 | 122012453186 | DEEPAN M | I MCA A |
| 22 | 122011453189 | DHIVYADHARSHINI G | I MCA A |
| 23 | 122012453192 | HARIKAILASH G | I MCA A |
| 24 | 122012453196 | JEFFRY Y | I MCA A |
| 25 | 122011453198 | KATHAMBARI T | I MCA A |
| 26 | 122011453199 | KAVIYA P K | I MCA A |
| 27 | 122012453213 | RAJESH B | I MCA A |
| 28 | 122011453214 | RAJESHWARI G | I MCA A |
| 29 | 122012453215 | RAM HARISH K | I MCA A |
| 30 | 122011453216 | RAMYA B | I MCA A |
| 31 | 122011453217 | RASIKA R | I MCA A |
| 32 | 122012453222 | SETHURAMAN M | I MCA A |
| 33 | 122012453223 | SIVAKUMAR M | I MCA A |
| 34 | 122011453227 | SWETHA R | I MCA A |
| 35 | 122011453229 | SWETHA S | I MCA A |
| 36 | 122012453232 | VASANTH A | I MCA A |
| 37 | 122011453236 | CHARULATHA R | I MCA A |
| 38 | 122012453237 | RAJESH V | I MCA A |
| 39 | 122012453118 | ADITYA A | I MCA B |
| 40 | 122012453119 | AJAY S | I MCA B |
| 41 | 122012453120 | AKASH J S | I MCA B |
| 42 | 122012453121 | ANNAMALAI N | I MCA B |
| 43 | 122012453123 | ARUNKUMAR K | I MCA B |
| 44 | 122011453126 | DHIVYA R | I MCA B |
| 45 | 122011453127 | DINUSHA E | I MCA B |
| 46 | 122012453128 | GANESH KUMAR R | I MCA B |

| | | | |
|----|--------------|---------------------|---------|
| 47 | 122012453129 | GOBIKRISHNAN B | I MCA B |
| 48 | 122012453130 | GUNASEELAN R | I MCA B |
| 49 | 122011453132 | HARSHINI S | I MCA B |
| 50 | 122011453133 | KEERTHANA T | I MCA B |
| 51 | 122012453140 | MOHAMED WASHIM B | I MCA B |
| 52 | 122012453142 | MOHAN P | I MCA B |
| 53 | 122012453144 | NASURUDEEN S | I MCA B |
| 54 | 122011453146 | NIRANJANA D | I MCA B |
| 55 | 122012453148 | PARTHIBAN S | I MCA B |
| 56 | 122011453154 | RAKSHANA NOORA S | I MCA B |
| 57 | 122012453156 | ROJER LAWRANCE K | I MCA B |
| 58 | 122012453159 | SANTHOSH KUMAR S | I MCA B |
| 59 | 122011453163 | SHARMILA S | I MCA B |
| 60 | 122012453167 | SURIAPRAHASH R | I MCA B |
| 61 | 122011453169 | SWATHI B | I MCA B |
| 62 | 122012453173 | VISHVA K | I MCA B |
| 63 | 122012453180 | ARUNKUMAR A | I MCA B |
| 64 | 122011453183 | BHUVANESWARI G | I MCA B |
| 65 | 122011453187 | DEEPIKA M | I MCA B |
| 66 | 122011453188 | DEVADHARSINI N S | I MCA B |
| 67 | 122012453190 | FAISAL AHAMED A | I MCA B |
| 68 | 122012453191 | HARIHARAN N | I MCA B |
| 69 | 122012453193 | HARISHCHIDAMBARAM M | I MCA B |
| 70 | 122012453194 | HIJAZ SHAMEER A | I MCA B |
| 71 | 122011453195 | JAYAMALINI P | I MCA B |
| 72 | 122012453200 | KOUSHIK S | I MCA B |
| 73 | 122011453204 | MERCY DEVAKIRUBAI S | I MCA B |
| 74 | 122012453206 | MOHAMED IRSATH M | I MCA B |
| 75 | 122012453209 | PRADEEP S | I MCA B |
| 76 | 122011453211 | PREETHA S | I MCA B |
| 77 | 122011453218 | RITHIKA R | I MCA B |
| 78 | 122012453220 | SANTHOSH R | I MCA B |
| 79 | 122012453221 | SATHISH R | I MCA B |
| 80 | 122012453224 | SRIDHAR C | I MCA B |
| 81 | 122012453225 | SRIRAM S | I MCA B |
| 82 | 122011453228 | SWETHA R | I MCA B |
| 83 | 122011453230 | SWETHAA B | I MCA B |
| 84 | 122012453233 | VASANTHKUMAR D | I MCA B |
| 85 | 122012453235 | VIGNESH S | I MCA B |

D. A. Lilypushpam

**Ms. D. Antony Lilypushpam
Counsellor - PMIST**

COUNSELLING

Periyar Nagar, Vallam, Thanjavur - 613 403, Tamil Nadu, India

Phone: +91 - 4362 - 264600 Fax: +91- 4362 - 264660

Email: counselor@pmu.edu Web: www. pmu.edu



**PERIYAR
MANIAMMAI**
INSTITUTE OF SCIENCE & TECHNOLOGY
(Deemed to be University)
Established Under Sec. 3 of UGC Act, 1956 • NAAC Accredited
think • innovate • transform

| | |
|---------------------|-------------------------------|
| Program – 13 | |
| Date | 29.03.2023 |
| Dept | Commerce |
| Students: | I B. Com., B |
| Speaker | D. A. Lilypushpam, Counsellor |
| Topic | My B. Com! My Future! |



(Counselor speaking on the topic ‘My B. Com! My Future!’)

The topic was ‘My B. Com! My Future!’. The importance of B. Com degree was explained to the students and also to achieve the best career after BCom. Bachelor of commerce or B. Com is among the most popular graduation courses that students take in order to appear for group exams and to make the best decision for their life. There are several career options available to students after completing a graduate degree in B. Com.

Department: B.Com

Class on 29.03.2023

Batch/Section: 2022-2025/B

29/3/23

No of Students: 60

11/15/20

11/15/20

| S.No | Register Number | Name | |
|------|-----------------|------------------------|---------|
| 1. | 122012153691 | ABDUL FASITH J | / |
| 2. | 122012153692 | ABDULRAHMAN A | / |
| 3. | 122012153693 | AJESH M | / |
| 4. | 122012153694 | AKASH K | / |
| 5. | 122012153695 | AKILAN G | / |
| 6. | 122011153696 | ANUPRIYA A | / |
| 7. | 122012153697 | ASHSHAHID M | / |
| 8. | 122012153698 | ASLAM FAIZ AHAMED S | ✓ a / a |
| 9. | 122012153699 | BALAGURU G | / |
| 10. | 122011153700 | DEEPA PRIYA B | a ✓ / a |
| 11. | 122012153701 | DHEENADHAYALAN M | / |
| 12. | 122011153702 | GAYATHRI D | / |
| 13. | 122012153703 | GOKUL M | / |
| 14. | 122012153704 | GUNA K | / |
| 15. | 122011153705 | HARINI R | a ✓ / a |
| 16. | 122012153706 | IDHREES M | / |
| 17. | 122012153707 | IMMANUVEL S | / |
| 18. | 122012153708 | JABRULLAH KHAN J | a / a |
| 19. | 122012153709 | JAMAL MOHAMED M | / |
| 20. | 122012153710 | KAMALDEEN A | / |
| 21. | 122012153711 | KAMESHWARAN P | / |
| 22. | 122012153712 | KARON S | / |
| 23. | 122012153713 | KARTHIKEYAN C | / |
| 24. | 122012153714 | KARTHIKEYAN K | / |
| 25. | 122012153715 | MAHESWARAN S | / |
| 26. | 122012153716 | MANAF MOHAMED S | / |
| 27. | 122012153717 | MANOJ S | / |
| 28. | 122012153718 | MOHAMED ANAS A | / |
| 29. | 122012153719 | MOHAMED ANAS S | / |
| 30. | 122012153720 | MOHAMED APSAR S | / |
| 31. | 122012153721 | MOHAMED ARSATH S | / |
| 32. | 122012153722 | MOHAMED ASLAM J | / |
| 33. | 122012153723 | MOHAMED FAZLAN ASFAR J | ✓ |
| 34. | 122012153724 | MOHAMED GANI P | / |
| 35. | 122012153725 | MOHAMED HALITH M | / |
| 36. | 122012153726 | MOHAMED MUSHARAF A | a / a |
| 37. | 122012153727 | MOHAMED SALMAN B | / |
| 38. | 122012153728 | MOHAMED VAJITH A | / |
| 39. | 122012153729 | MOHAMED YASHIF Z | / |
| 40. | 122012153730 | MOHAMED YUSUF M | / |

Growth mam
9994107797

50 + 2 = 52

P.T.O

| | | | | |
|-----|--------------|-------------------------|---|---|
| 41. | 122012153731 | MUBEEN AHMED A | | / |
| 42. | 122012153732 | NAVEEN D | | / |
| 43. | 122012153733 | NITHISH KUMAR S | | / |
| 44. | 122012153734 | NITHISHKUMAR K | | / |
| 45. | 122012153735 | PRAVEEN KUMAR G | | / |
| 46. | 122012153736 | RAGHUPATHY B | a | a |
| 47. | 122012153737 | RAJA GANAPATHI M | | / |
| 48. | 122012153738 | SABARISH R | | / |
| 49. | 122011153739 | SHALINI D | a | a |
| 50. | 122012153740 | SHANMUGANATHAN R | | / |
| 51. | 122012153741 | SIBI THATCHINAMOORTHY M | | / |
| 52. | 122012153742 | SUDHARSAN R | | / |
| 53. | 122012153743 | SUDHARSHAN R | | / |
| 54. | 122012153744 | THEENAVAN R | | / |
| 55. | 122012153745 | THOUFIC KASIM S | | / |
| 56. | 122012153746 | VEERAMANI S | | / |
| 57. | 122012153747 | VETHAVIYAASH R | | / |
| 58. | 122012153748 | VIJAY PERUMAL J | | / |
| 59. | 122011153749 | YOGITHA R | a | a |
| 60. | 122012153750 | YUVAN SANJAY R | | / |

Total - 60
Present = 62
Absent = 8

li-9

D. A. Lilypushpam

Ms. D. Antony Lilypushpam
Counsellor - PMIST