

RESUME

K.T.Sameera Begam

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Objective:

To seek a challenging career to exhibit my potentials, where I can leverage my skills to grow with the organization while being resourceful, innovative, flexible and worth add value to the organization.

Educational Summary:

COURSE	INSTITUTE / COLLEGE	PERCENTAGE	YEAR OF PASSING
M.P.Ed	YMCA College of physical Education, Chennai.35	75.7%	2013 to 2015
B.P.Ed	YMCA College of physical Education, Chennai.35	73.5%	2012 to 2013
B.Com(cs)	M.O.P Vaishnava college for women, Chennai-35	54%	2009 to 2012
H.S.C	Sacred heart girls higher secondary school Thanjavur	78%	2009
S.S.L.C	Sacred heart girls higher secondary school Thanjavur	67.4%	2007

Work Experience:

Sacred Heart Girls Higher Secondary School, Thanjavur.

Designation: Physical Education Teacher

Working Period: Jan 2018 to Nov 2018

Sports Achievements:

- Represented the 17th senior south zone national volleyball championship men & women held at Bangalore during the year 2010 and secured 3rd place
- Represent the 13th youth national volleyball championship for men & women held at Moradabad, Utter Pradesh during the year 2011-2012.
- Represented the university of madras in the game of volleyball during the year 2009-2010, 2010-2011.

- Represented the Tamil nadu physical education and sports university in the game of volleyball, in all India inter-university south zone tournament held at andrapradesh during the year 2012-2013.
- Represented the national level inter collegiate tournament in the game of volleyball during the year 2004
- Represented the 50th national school games volleyball during the year 2007-2008
- Represented the 53rd national school games volleyball during the year 2007-2008
- Represented the senior state championship for men & women held at ppg institute of technology, Coimbatore during the year 2009 and secured 1st place.
- Represented the state level volleyball tournaments during the year 2001-2002, 2003-2004, 2004-2005, 2005-2006, 2007-2008, and 2009-2010,2010-2011
- Represented the district level of volleyball during the year 2004-2005, 2005-2006, 2006-2007, 2007-2008, 2008-2009.
- Represented the republic day sports of volleyball during the year 2002-2003, 2004-2005, 2005-2006 and 2008-2009.
- Represented the republic day sports of beach volleyball during the year 2008-2009.
- Represented the bharathiyar day games of volleyball during the year 2005-2006,2007-2008,2008-2009
- Represented the many out of station of volleyball tournaments during the year 2009-2010,2010-2011.
- Represented the inter –collegiate volleyball tournaments during the year 2012-2013.

Other Courses Undergone:

- Completed optional course in GYM INSTRUCTURE
- Completed optional course in ORIENTATION AND MOBILITY.
- Completed Course in SPEICAL OLYMPIC.
- Completed Course SPORTS THERAPHY.

Skill to Teach :

- Dands and Baithaks
- Drills And Marching
- Lezium
- Pyramids
- Calisthenics & light apparatus

Organising Events

- Sports Day.
- Intramural.
- Extramural.
- After school activity.
- Special sports coaching.
- Inter Class Competitions.

- Inter Class Tournaments.

Personal Details:

PERMANENT ADDRESS : D/O M.Kader Hussain,
No 57 Natrajapuram south 13th cross,
Medical college road,
Thanjavur ,
PIN CODE -613007

NAME : K.T.Sameera Begam

FATHER'S NAME : M. Kader Hussain

DATE OF BIRTH : 04.03.1991

GENDER : FEMALE

MARTIAL STATUS : MARRIED

NATIONALITY : INDIAN

RELIGION : Muslim

LANGUAGES KNOWN : English & Tamil

Declaration:

I hereby declare that all the above mentioned particulars are true to the best of my knowledge.

Place:

Yours Faithfully,

Date:

(Sameera Begam K.T)